

# GOLF COURSES

GOLF COURSES



**Director of Golf**

Tom Woodard , 303-409-2103

**Foothills Golf Course Facility Manager**

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**Meadows Golf Club Facility Manager**

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**Golf**

Foothills Golf Course .....	303-409-2400
Foothills Golf Maintenance.....	303-409-2413
Meadows Golf Club .....	303-409-2250
Meadows Golf Club Maintenance.....	303-409-2568

**Restaurants**

Foothills Golf Course — Foothills Grill .....	303-409-2407
Meadows Golf Club — Meadows Grill.....	303-409-2262



**Foothills**  
Park & Recreation District

# GOLF COURSES

GOLF

## FOOTHILLS GOLF COURSE

3901 South Carr St., Denver, CO 80235 • 303-409-2400

- 18-hole Par 72 Championship Course
- 9-hole Par 31 Executive Course
- 9-hole Par 27, Par 3 Course
- Private and Group Lessons
- The Grove Picnic Area - Reservations: 303-409-2407
- Rental Equipment
- Lighted Driving Range
- Pro Shop
- Restaurant and Lounge

### 2008 GREEN FEES

Fees include a \$1 per nine-hole course development fee.

PAR 3	MON-THU	FRI/SAT/SUN
All Players	\$8	\$8

EXECUTIVE 9	MON-THU	FRI/SAT/SUN
Juniors	\$9	\$10
Senior Adults	\$11	\$12
Adults	\$13	\$14

9-HOLE REGULATION	MON-THU	FRI/SAT/SUN
Juniors	\$10	\$18/\$10*
Senior Adults	\$15	\$18/\$15*
Adults	\$17	\$18

18-HOLE REGULATION	MON-THU	FRI/SAT/SUN
Juniors	\$15	\$35/\$20*
Senior Adults	\$25	\$35/\$30*
Adults	\$29	\$35

### FOOTHILLS GRILL

3901 South Carr St., Denver, CO 80235 • 303-409-2407

Open daily for breakfast and lunch when the golf course is open. Facility may be rented October through April for wedding receptions, parties, or other occasions accommodating 100 people. Small semi-private accommodations available May through September. Please call 303-409-2407 for more information or reservations.

### BOOK YOUR TEE TIME ONLINE!

For up to 7 days access visit [www.foothillsgolf.org](http://www.foothillsgolf.org) for details.

Juniors . . . . .17 & under  
Senior Adults . . . . .62+

**\* FROM OCT THROUGH MAR:**  
Juniors, Senior Adults, & Player Pass cardholders will play for a discounted rate on both regulation 18-hole golf courses.

**SPORTS SPECIFIC CONDITIONING – SEE PAGE 44.**

## MEADOWS GOLF CLUB

6937 South Simms St., Littleton, CO 80127 • 303-409-2250

- 18-hole Championship Course
- Driving Range
- Private and Group Lessons
- Rental Equipment
- Restaurant and Lounge
- Pro Shop
- Banquet Facilities

### 2008 GREEN FEES

Fees include a \$1 per nine-hole course development fee.

9-HOLE REGULATION	MON-THU	FRI/SAT/SUN
Juniors	\$10	\$20/\$10*
Senior Adults	\$18	\$20/\$18*
Adults	\$19	\$20

18-HOLE REGULATION	MON-THU	FRI/SAT/SUN
Juniors	\$15	\$37/\$20*
Senior Adults	\$27	\$37/\$30*
Adults	\$34	\$37

### MEADOWS GRILL

6937 South Simms St., Littleton, CO 80127 • 303-409-2262

An elegant setting for banquets, receptions, rehearsal dinners, business meetings and other special occasions. The restaurant accommodates up to 150 people for parties and is open daily to the public for breakfast and lunch when the golf course is open. For reservations and additional information, please call 303-409-2262.

## RESERVATION POLICY

Advanced tee time reservations may be made by utilizing the Automated Tee Time System. To access the system, golfers may register by telephone or in person at one of the Pro Shops.

Once registered, golfers **MUST** call **303-409-2555** using the following call-in schedule:

Foothills Registered Residents: 7 days in advance - 5:00pm  
Jeffco Registered Residents: 7 days in advance - 8:00pm  
Registered Non-Residents: 7 days in advance - 9:00pm

Golfers may use the system online at [www.foothillsgolf.org](http://www.foothillsgolf.org)

There is no charge for this service.

To register, please call  
**The Foothills Golf Course 303-409-2400 or  
The Meadows Golf Club 303-409-2250.**

# GOLF INSTRUCTION PROGRAMS YOUTH – INTRODUCTORY

## INTRODUCTORY CLASSES

Our Introductory classes are available for those who are interested in learning or reinforcing the basic fundamentals of golf. These classes are designed to create a fun environment for golfers learning how to play this wonderful game for a lifetime.

We have created specific class progression so you can advance at your own pace. Please refer to "Suggested Next Step" listed under each class to plan your personal path to improvement.

**Learn how the experience and commitment of our PGA and LPGA Professionals can help you improve your game!**

### PEE WEE

Ages 5-7

This class is designed for the little ones with an interest in golf. Classes will focus on safety, etiquette and the fundamentals of golf. All equipment will be provided. Suggested Next Step: Private Lessons. Ratio: 6:1

Fee: \$50 (District Rate: \$45) Four 1/2-hour sessions

#### FOOTHILLS GOLF COURSE

ACT#:	SESS#:	DAY/S:	TIME/S:
4000	1: APR 5-26	SAT	10:00-10:30am
	2: MAY 10-31	SAT	1:00-1:30pm

#### MEADOWS GOLF CLUB

ACT#:	SESS#:	DAY/S:	TIME/S:
4001	1: APR 12-MAY 3	SAT	Noon-12:30pm
	2: APR 13-MAY 4	SUN	Noon-12:30pm
	3: APR 15-MAY 6	TUE	5:00-5:30pm
	4: APR 17-MAY 8	THU	5:00-5:30pm
	5: MAY 12-JUN 9	MON	4:00-4:30pm
	6: MAY 14-JUN 4	WED	5:30-6:00pm
	7: MAY 17-JUN 7	SAT	Noon-12:30pm
	8: MAY 18-JUN 8	SUN	Noon-12:30pm
	9: MAY 20-JUN 10	TUE	5:00-5:30pm
	10: MAY 22-JUN 12	THU	5:00-5:30pm

### PRE-TEEN JUNIOR

Ages 8-12

Junior classes will offer instruction on safety, equipment, rules, etiquette, features of the golf course and the fundamentals of golf. Suggested Next Step: Private Lessons. Ratio: 6:1

Fee: \$100 (District Rate: \$95) Four 1-hour sessions

#### FOOTHILLS GOLF COURSE

ACT#:	SESS#:	DAY/S:	TIME/S:
4002	1: APR 5-26	SAT	11:00am-Noon
	2: MAY 11-JUN 1	SUN	1:00-2:00pm

#### MEADOWS GOLF CLUB

ACT#:	SESS#:	DAY/S:	TIME/S:
4003	1: APR 12-MAY 3	SAT	10:30-11:30am
	2: MAY 12-JUN 9	MON	5:00-6:00pm
	3: MAY 17-JUN 7	SAT	10:30-11:30am
	4: MAY 18-JUN 8	SUN	10:30-11:30am

### TEEN JUNIOR

Ages 13 & up

For older juniors getting started in golf, this class offers the same instruction as Pre-Teen Junior in a more mature environment. Suggested Next Step: "Junior Development Golf." Ratio: 6:1

Fee: \$100 (District Rate: \$95) Four 1-hour sessions

#### FOOTHILLS GOLF COURSE

ACT#:	SESS#:	DAY/S:	TIME/S:
4004	1: APR 5-26	SAT	1:00-2:00pm
	2: MAY 11-JUN 1	SUN	2:00-3:00pm

#### MEADOWS GOLF CLUB

ACT#:	SESS#:	DAY/S:	TIME/S:
4005	1: APR 13-MAY 4	SUN	10:30-11:30am

### ADULT

Ages 18 & up

BEGINNER CLASS: Learn the fundamentals of the golf swing, pitching, chipping and putting in a "user-friendly" environment. Suggested Next Step: "Practice with a Pro" Class. Ratio: 6:1

Fee: \$100 (District Rate: \$95) Four 1-hour sessions

#### FOOTHILLS GOLF COURSE

ACT#:	SESS#:	DAY/S:	TIME/S:
4006	1: APR 5-26	SAT	2:30-3:30pm
	2: APR 15-24	T/TH	6:00-7:00pm
	3: APR 28-MAY 19	MON	6:30-7:30pm
	4: MAY 3-24	SAT	2:00-3:00pm
	5: MAY 4-25	SUN	3:30-4:30pm

#### MEADOWS GOLF CLUB

ACT#:	SESS#:	DAY/S:	TIME/S:
4007	1: APR 12-MAY 3	SAT	9:00-10:00am
	2: APR 13-MAY 4	SUN	9:00-10:00am
	3: APR 15-MAY 6	TUE	6:00-7:00pm
	4: APR 17-MAY 8	THU	6:00-7:00pm
	5: MAY 12-JUN 9	MON	6:30-7:30pm
	6: MAY 17-JUN 7	SAT	9:00-10:00am
	7: MAY 18-JUN 8	SUN	9:00-10:00am
	8: MAY 20-JUN 10	TUE	6:00-7:00pm
	9: MAY 22-JUN 12	THU	6:00-7:00pm

### WOMEN ONLY

Ages 18 & up

THIS IS ONE OF OUR MOST POPULAR CLASSES! This special class designed with your comfort in mind. Learn the basic fundamentals of the golf swing, pitching, chipping and putting. Suggested Next Step: "Practice with a Pro" Class. Ratio: 6:1

Fee: \$100 (District Rate: \$95) Four 1-hour sessions

#### FOOTHILLS GOLF COURSE

ACT#:	SESS#:	DAY/S:	TIME/S:
4008	1: APR 14-23	M/W	6:00-7:00pm
	2: APR 28-MAY 19	MON	6:30-7:30pm
	3: MAY 4-25	SUN	4:30-5:30pm
	4: MAY 13-22	T/TH	11:00am-Noon

#### MEADOWS GOLF CLUB

ACT#:	SESS#:	DAY/S:	TIME/S:
4009	1: APR 15-MAY 6	TUE	10:00-11:00am
	2: APR 17-MAY 8	THU	10:00-11:00am
	3: MAY 20-JUN 10	TUE	10:00-11:00am
	4: MAY 22-JUN 12	THU	10:00-11:00am



# GOLF INSTRUCTION PROGRAMS ADULT – INTERMEDIATE/DEVELOPMENTAL/SPECIALTY

GOLF

## INTERMEDIATE CLASSES

### BEYOND THE BASICS

Ages 18 & up

This class is the perfect choice between our Introductory Classes and Developmental Programs. Ratio: 6:1

Fee: \$100 (District Rate: \$95) Four 1-hour sessions

#### FOOTHILLS GOLF COURSE

ACT#:	SESS#:	DAY/S:	TIME/S:
4010	1: MAY 4-25	SUN	5:30-6:30pm

### LET'S PLAY GOLF

Ages 18 & up

This is a wonderful "on-course" golfing experience. Ratio: 6:1

Fee: \$100 (District Rate: \$95) Four 1-hour sessions

#### FOOTHILLS GOLF COURSE

ACT#:	SESS#:	DAY/S:	TIME/S:
4022	1: MAY 7-28	WED	6:30-7:30pm

#### MEADOWS GOLF CLUB

ACT#:	SESS#:	DAY/S:	TIME/S:
4023	1: MAY 14-JUN 4	WED	6:30-7:30pm

#### MEADOWS GOLF CLUB (JUNIORS ONLY)

ACT#:	SESS#:	DAY/S:	TIME/S:
4027	1: MAY 16-JUN 6	FRI	6:30-7:30pm

### PRACTICE WITH A PRO

Ages 18 & up

This class is perfect for adult students of our other Introductory Classes. Ratio: 6:1

Fee: \$100 (District Rate: \$95) Four 1-hour sessions

#### FOOTHILLS GOLF COURSE

ACT#:	SESS#:	DAY/S:	TIME/S:
4016	1: MAY 7-28	WED	5:30-6:30pm



## DEVELOPMENTAL PROGRAMS

Our Developmental Programs have been created for experienced golfers who play routinely. Experience and opportunity do not always translate into consistent scoring. If you want to lower your scores and improve your overall consistency, this is the class for you.

Lower student/teacher ratio of 5:1 and increased class time to 90 minutes will allow for the personal attention needed to satisfy your goals. Video/Computer analysis will be utilized so you can see your improvement.

### ADULT DEVELOPMENTAL GOLF

Ages 18 & up

This program will help you improve your game with our state-of-the-art video computer swing analysis! Ratio: 5:1

Fee: \$200 (District Rate: \$195) Four 1½-hour sessions

ACT#:	SESS#:	LOC:	DAY/S:	TIME/S:
4030	1: MAY 13-22	FHGC	T/TH	6:00-7:30pm



## SPECIALTY SESSIONS

Our Specialty Sessions are designed for golfers who want to focus on specifics, and these sessions will provide specialized instruction. Video/Computer analysis will be utilized so you can see your improvement.

### FULL SWING

Ages 18 & up

Through a process of interview and evaluation, we will help you design and develop your own personal game improvement plan. Ratio: 4:1

Fee: \$150 (District Rate: \$145) One 4-hour session

ACT#:	SESS#:	LOC:	DAY/S:	TIME/S:
4040	1: MAY 10	FHGC	SAT	8:00am-Noon

### WOMEN ONLY

Ages 18 & up

Designed for women who want to improve their game. Ratio: 4:1

Fee: \$150 (District Rate: \$145) One 4-hour session

ACT#:	SESS#:	LOC:	DAY/S:	TIME/S:
4044	1: MAY 24	FHGC	SAT	8:00am-Noon

### SHORT GAME/FULL SWING

Ages 18 & up

Pitching, chipping, and putting account for more than 50% of your game. Improve your short game, lower your scores. Ratio: 4:1

Fee: \$150 (District Rate: \$145) One 4-hour session

ACT#:	SESS#:	LOC:	DAY/S:	TIME/S:
4042	1: MAY 17	FHGC	SAT	8:00am-Noon

