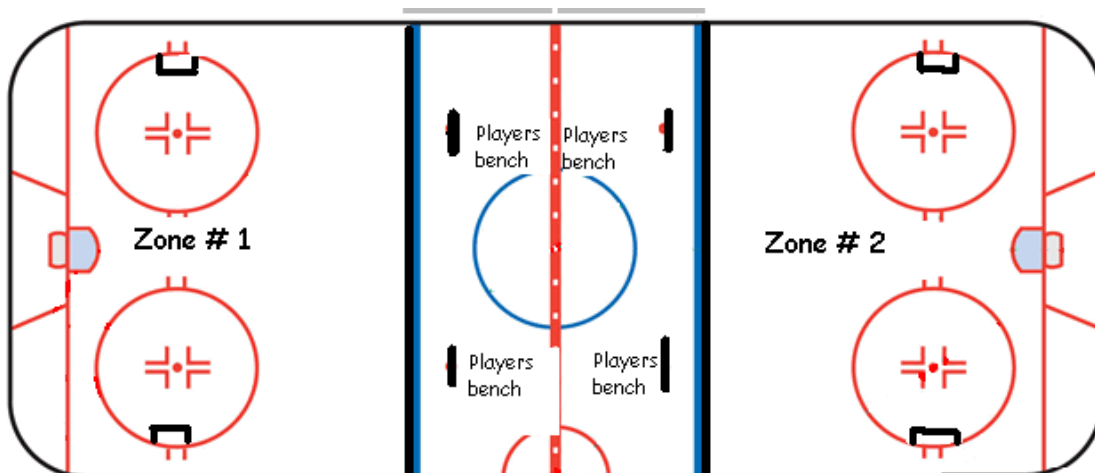


## Edge Ice Arena Cross Ice – Three on Three Overview

### What is Cross Ice Hockey?

A program designed to further develop hockey skills and competitive team play for all players Cross Ice Hockey is designed to accelerate the development of an individual player's core ice hockey skills (skating, stick handling, passing and shooting) in a team oriented setting while keeping a fun and positive atmosphere on the ice.

The emphasis will be on **FUN** for all players while developing core hockey skills. The game is played **ACROSS** the width of one zone.



### Rules:

- It is played 3 on 3 plus goaltenders as opposed to 6 players a side. 5-7 players/ team.
- **No Checking**
- Minor penalties (such as tripping, hooking, etc) will result in a penalty shot.
- All major penalties will result in a three minute time penalty and tournament disqualification.
- Any fighting whatsoever will result in a league disqualification.
- USA hockey rules apply in all other game circumstances.
- The initial start of the game begins in the same fashion.

When goals are scored the puck remains in the net. The official throws a puck yelling "new puck!" into the center of the ice and play resumes immediately. If the puck leaves the playing area (from deflections or shot over the boards) a coach immediately throws another puck into the playing area yelling "new puck!" and play resumes. The official does not direct the puck to either team under any circumstances. If the puck is frozen by the goaltender a face off will take place at center ice.