



Rules for Adult Hockey Leagues and Tournaments
offered by Foothills Park & Recreation District

GOALS OF THE PROGRAM

The goals of the program are to provide participants with:

- **A FAIR GROUPING OF TEAMS BY LEVEL OF PLAY**
- **A SAFE ENVIRONMENT FOR PARTICIPATION**
- **A FAIRLY OFFICIATED AND ADMINISTERED PROGRAM**
- **AN ENJOYABLE RECREATIONAL EXPERIENCE**

These rules are a guide to people participating, officiating and administering Adult Hockey Programs. It is extremely important that all players, coaches, officials and team representatives read and understand this information. It is important to note that the programs provide an opportunity to participate and develop skills associated with the sport. It is a place to skate, to compete and to display a level of sportsmanship that is common in a community recreation program.

ELIGIBILITY

USA Hockey: All players in the Edge Adult Hockey League (EAHL) must register with USA Hockey.

All players are required to be 18 to play. We adhere to the USA Hockey system for age, meaning players must be 18 at the start of the season in order to play. Please bring a valid, government issued, photo ID with you to all games in the event they are needed for age verification or are otherwise required.

ROSTERS

- A list of players **MUST** be turned in prior to the first game of the season with the names of all participating players.
- Emails are required for ALL players.
- **Rosters are FROZEN (no players can be added to the roster)**. Any other roster changes after your team's fourth game must first be requested in writing, and then approved by the Hockey Director.
- Goalies may be substituted after rosters are frozen with permission from the Hockey Director.
- Player eligibility is the responsibility of both the team representative and the player. Additionally, any game where an illegal player is used will be declared a forfeit. If you're thinking about it, please don't. If you've violated these rules in the past and got away with it, please stop so that you don't hurt yourself or your team.
- **Players must be at least 18 years old.**

PROCESS FOR CHALLENGING PLAYERS & TEAMS LEVELS

- The Hockey Director may declare a player ineligible for a league, based on ability level, without a challenge from anyone.
- Team Representatives may challenge the eligibility of a player based on skill level.
- After a challenge in writing from at least (2) two opposing Team Representatives or at least (2) two referees, the Hockey Director and a representative from the arena will then evaluate the player.
- If it is determined that the player exceeds the level of play for the league, the player will be dropped from the roster. The decision of the Hockey Director is final. There is no guarantee that the player will be placed on another team in an upper division. The team may replace the player with the approval of the Hockey Director if the appeal is made after League Rosters are frozen.

TEAM REPRESENTATIVES

The Team Representative is the most important person on the team. They are designated to conduct business with the league. Their responsibilities include:

- Ensure the team is registered and that all fees are paid.
- Attends all captains meetings or assign someone to represent them at captains meetings.
- Ensure that all players on the roster are eligible for play in their league.
- Ensure suspended players do not play.
- Ensure players are a minimum of 18 years old.
- Submit a preliminary roster.
- Distribute the league schedule to all members of the team and inform all members of the team with any rescheduled information.
- Select team colors by coordinating with the Hockey Director.
- Provide the Edge Ice Arena with current player numbers on the score sheet.
- Communicate all league rules & information to the players on their team.
- Assist the league staff in controlling players when difficult situations arise.
- Uphold a high level of professionalism and leadership when dealing with league personnel in all situations.

ON ICE RULES

- Periods: 3 periods, 2-20minute run clocks and 1-15 minute stop clock
- Icing: Far blue-line icing
- Offside: Offside is delayed/touch up
- Penalties: USA Hockey Rules are used for our league with these exceptions:
 - Players are ejected after 3 penalties.
 - There is a 4 goal mercy rule in the EAHL. After the 3rd period, if a team is winning by 4 or more goals, the clock will run in the 3rd period.

OVERTIME

Ties in the regular season will result in a 3-man shootout. If the game is still tied after the third player shoots a sudden death shootout will ensue. All players on the ice must shoot before a player shoots twice. Playoff games will have 5 minute running clock, 5 vs.5 sudden death, OT. If the game is still tied after 5 minutes, the game will go to a 3 man shootout. If the shootout score is tied after 3 players, then it becomes a sudden death shootout.

Foothills Park & Recreation District reserves the right to remove a participant from programming at any time

REMEMBER TO HAVE FUN!!!