

# SUMMER 2011 AQUATICS

3<sup>rd</sup> Time  
National Award Winner  
**Excellence  
in Aquatics**

**FOOTHILLS PARK & RECREATION DISTRICT • www.ifoohills.org**

## LILLEY GULCH RECREATION CENTER

6147 S. Holland Way, Littleton, CO 80123  
Phone.....303-409-2500

## RIDGE RECREATION CENTER

6613 S. Ward St., Littleton, CO 80127  
Phone..... 303-409-2333

## OUTDOOR POOLS

Columbine West .....303-978-9300  
7046 S. Webster Street, Littleton, CO 80123  
Deer Creek .....720-981-8393  
8637 S. Garrison Street, Littleton, CO 80128  
6th Avenue West .....303-278-1000  
400 Holman Way, Golden, CO 80401  
Weaver Hollow .....720-981-3108  
12750 W. Stanford Ave., Morrison, CO 80465

## DAILY FEES

► LILLEY GULCH, RIDGE, DEER CREEK, WEAVER HOLLOW

	Fee	District Rate
Youth (walking-17 yrs)	\$5.25	\$3.75
Adult (18-61 yrs)	\$7.25	\$5.25
Senior (62 yrs+)	\$6.25	\$4.50
Household	\$21.00	\$13.50

## TWILIGHT DISCOUNT AT DEER CREEK & WEAVER HOLLOW POOLS!

4:30pm-6:30pm • MON-THU  
\$2 (individual) • \$8 (household)

## DAILY FEES

► COLUMBINE WEST, 6TH AVENUE WEST

	Fee	District Rate
Youth (walking-17 yrs)	\$5.00	\$3.50
Adult (18-61 yrs)	\$7.00	\$5.00
Senior (62 yrs+)	\$6.00	\$4.25
Household	\$20.00	\$13.00

## POOL CLOSING DATES

- AUG 21: Columbine West, 6th Avenue West, Weaver Hollow, Deer Creek
- AUG 22-28: Ridge will close for annual maintenance
- AUG 29-SEP 5: Lilley Gulch will close for annual maintenance



**Foothills**  
Park & Recreation District

**CELEBRATE WITH US  
AT OUR POOL PARTIES!  
\$2 ADMISSION!**

## 2011 POOL PARTY SCHEDULE

- LILLEY GULCH POOL PARTY • SAT, JUN 18  
1:00 - 3:00 p.m.
- COLUMBINE WEST POOL PARTY • SAT, JUN 25  
11:00 a.m. - 1:00 p.m.
- WEAVER HOLLOW POOL PARTY • SAT, JUL 9  
11:00 a.m. - 1:00 p.m.
- DEER CREEK POOL PARTY • SAT, JUL 16  
11:00 a.m. - 1:00 p.m.
- 6<sup>TH</sup> AVENUE WEST POOL PARTY • SAT, JUL 23  
Noon - 2:00 p.m.
- RIDGE POOL PARTY • SAT, JUL 30  
Noon - 4:00 p.m.

**SPECIAL at ALL LOCATIONS  
\$2 TUESDAYS!**

## DOGGY DIP AUGUST 21 AT DEER CREEK POOL



Join us for our ANNUAL DOGGY DIP at Deer Creek Pool! Help us say goodbye to the summer swim season by treating your favorite canine to a swim party of their own. Owners must provide proof of their dog's current rabies vaccinations. The Doggy Dip (swim) is for dogs and their handlers only; open swim for people is not available. Hurry! Register soon - space is limited and pre-registration is suggested. Rain or shine: No refunds due to inclement weather.

**Fee: \$10.00 per dog**

ACT#: SESS#: LOC: DAY/S: TIME/S:  
5025 1: AUG 21 DCP SUN 5:30-7:00pm

**THE FOOTHILLS SUMMER FUN PASS IS A GREAT DEAL!**

	FEE	DISTRICT		FEE	DISTRICT
Youth (walking - Age 17)	\$89	\$69	Household (2 people)	\$219	\$169
Adult (Ages 18 - 61)	\$109	\$89	• Additional (per person)	\$30	\$30

- Valid at all outdoor pools as well as for general admission to the Peak, Lilley Gulch and the Ridge.
- Valid through August 31 • Available for purchase starting on May 1 at the Peak, Lilley Gulch and the Ridge.
- NOT valid for Public Skate, or for Land & Water Fitness Classes.

Schedule is subject to change without notice. All areas of the pools NOT available for each activity.

## RIDGE ACTIVITY Pool • 86° – 88° • MAY 28 – AUG 21, 2011

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
OPEN SWIM	10:00am-5:30pm	11:00am-9:00pm <sup>1</sup>	11:00am-9:00pm	11:00am-9:00pm <sup>1</sup>	11:00am-9:00pm	11:00am-9:00pm	Noon-5:30pm
WATER WALKING		7:00-11:00am Current Channel	7:00-11:00am Current Channel	7:00-11:00am Current Channel	7:00-11:00am Current Channel	7:00-11:00am Current Channel	
SWIM LESSONS		8:00-11:00am 4:30-6:30pm <sup>1</sup>	8:00-11:00am	8:00-11:00am 4:30-6:30pm <sup>1</sup>	8:00-11:00am	8:00-11:00am	9:00am-Noon
INFANT SWIM RESOURCE		6:00-11:00am	6:00-11:00am	6:00-11:00am	6:00-11:00am	6:00-11:00am	
RENTALS	5:30pm-CLOSE						5:30pm-CLOSE

<sup>1</sup> Water features will be turned off 4:30-6:30pm Mondays and Wednesdays during lessons.

## RIDGE LAP Pool • 81° – 83° • MAY 28 – AUG 21, 2011

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
ADULT LAP SWIM (Ages 18 & up)	Noon-5:30pm	5:30am-4:30pm 7:00-9:00pm	5:30am-4:30pm 5:30-9:00pm	5:30am-4:30pm 7:00-9:00pm	5:30am-4:30pm 5:30-9:00pm	5:30am-4:30pm 7:00-9:00pm	Noon-5:30pm
OPEN SWIM	1:00-5:30pm	Noon-4:30pm 8:00-9:00pm	Noon-4:30pm 7:00-9:00pm	Noon-4:30pm 8:00-9:00pm	Noon-4:30pm 7:00-9:00pm	Noon-4:30pm 5:30-9:00pm	1:00-5:30pm
FITNESS		8:35-9:30am Aqua Zumba	8:00-9:00am Splash Aerobics 7:00-8:00pm Splash Aerobics	8:35-9:30am Aqua Zumba	8:00-9:00am Splash Aerobics 7:00-8:00pm Splash Aerobics		
MASTERS	9:00-11:00am	5:30-7:00am	5:30-7:00am	5:30-7:00am	5:30-7:00am	5:30-7:00am	7:30-9:00am
SWIM LESSONS		8:00am-Noon 4:30-6:40pm	8:00am-Noon	8:00am-Noon 4:30-6:40pm	8:00am-Noon	8:00am-Noon	9:00am-Noon
FOOTHILLS SWIM TEAM		4:30-7:00pm	4:30-7:00pm	4:30-7:00pm	4:30-7:00pm	4:30-7:00pm	
DIVE TEAMS		Mile High 6:30-6:40pm (1 board) 6:40-8:00pm 8:00-8:30pm Share w/Open Swim		Mile High 6:30-6:40pm (1 board) 6:40-8:00pm 8:00-8:30pm Share w/Open Swim			
SCUBA	9:00am-1:00pm						8:30am-1:00pm
CARA SWIM TEAM		4:30-5:30pm	4:30-5:30pm	4:30-5:30pm	4:30-5:30pm	4:30-5:30pm	
ELITE RENTAL		7:00-8:30am					
KIDS THAT TRI	11:00am-1:00pm						

## RIDGE THERAPY Pool\* • 90° – 91° • MAY 28 – AUG 21, 2011

\*NOTE: THERAPY POOL USE IS ONLY FOR THOSE WITH THERAPUTIC NEEDS & SCHEDULED CLASSES.

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
OPEN THERAPY	11:00am-5:30pm	8:00-9:30am 10:00-10:30am 11:30am-1:00pm 2:00-4:30pm 5:45-9:00pm	8:00-9:30am 11:00am-9:00pm	8:00-9:30am 11:30am-1:00pm 2:00-4:30pm 7:00-9:00pm	8:00-9:30am 11:00am-9:00pm	8:00-9:30am 11:00am-1:00pm 2:00-9:00pm	11:00am-5:30pm
SWIM LESSONS		9:30-10:00am 4:30-5:45pm	9:30-10:00am	9:30-10:00am 4:30-5:45pm	9:30-10:00am	9:30-10:00am	9:00-9:30am 10:30-11:00am
ADAPTIVE SWIM							9:15-10:00am
POOLATES			10:00-11:00am	10:30-11:30am 6:00-7:00pm	10:00-11:00am		
MOVING FOR LIFE		1:00-2:00pm		1:00-2:00pm		1:00-2:00pm	
RENTALS		10:30-11:30am				10:00-11:00am	

**RIDGE WILL CLOSE FOR ANNUAL MAINTENANCE AUG 22 – 28, 2011.**