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Foothills Park & Recreation events

Thursday, July 26, 7 - 8:30 p.m. - Foothills Park & Recreation District Free Summer Entertainment Series. Join Bill George & Flywheel for a concert of eclectic classic rock at Clement Park. Bring the family, enjoy a picnic and watch the sunset over beautiful Johnson Reservoir. Clement Park is located at West Bowles Avenue near South Pierce Street. For more information call the event hotline at (303) 409-2626 or visit www.ifoohills.org

Second session of F.I.T. Bootcamp starts July 28

Fun Intense Training (or F.I.T) is a cardiovascular workout each Saturday from 9-10 a.m. at the Foothills Park & Recreation District Peak Community and Wellness Center, 6612 S. Ward St. Or, try Cycle & Tone each Saturday from 7:30 - 9 a.m. for a one-hour ride on trails around the Peak Center followed by a quick toning session. Call (303) 409-2114 for information or visit www.ifoohills.org.

Register now for Teen Drama & Improv class August 6-9

Foothills Park & Recreation District presents Teen Drama & Improv class with popular instructor Anthony Bruno, 10:30 to 11:30 a.m., Aug. 6-9. Class is geared for ages 10-16 featuring interactive improvisational games that are sure to provide lots of fun and laughter. For information and prices call (303) 409-2612 or visit www.ifoohills.org

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Foothills Park & Recreation district, founded in 1959, serves a 28 square mile area of unincorporated Jefferson County generally bounded by Hampden Avenue south to C-470 from Sheridan Boulevard west to the Dakota Hogback. The District operates the Ridge Recreation Center, the Edge Ice Arena, Lilley Gulch Recreation Center, the Peak Community and Wellness Center, four outdoor swimming pools, Indoor Sports Arena,

Foothills Golf Course complex, Meadows Golf Course, and 69 park sites totaling more than 2,410 acres and including four regional parks, 42 neighborhood and community parks and 24 greenbelts. In addition Foothills manages six regional trail corridors for public use, which, combined with park trails, total more than 31 miles. For more information visit www.ifoohills.org , or call (303) 409-2100.