

Contact:  
Mary Pat Adams  
Manager of Marketing and Community Outreach  
Foothills Park & Recreation District  
(303) 409-2106  
[mpadams@fhprd.org](mailto:mpadams@fhprd.org)  
Or  
Kate Dragoo  
Marketing Specialist  
Foothills Park & Recreation District  
(303) 409-2525  
[kate@fhprd.org](mailto:kate@fhprd.org)

**For Immediate Release– June 25, 2007**

**Foothills Park & Recreations events**

**Thursday, July 12, 7 to 8:30 p.m. – Foothills Park & Recreation District Free Summer Entertainment Series.** Come see Chris Daniels & the Kings at Clement Park, 7306 W. Bowles. Bring a picnic, join family and friends and watch the sunset as you enjoy this great band. 303-409-2626; [www.ifoohills.org](http://www.ifoohills.org)

**Gymnastic classes – week of July 16**

Foothills Park & Recreation District Youth Gymnastics Classes begin the week of July 16 at the state-of-the-art Gymnastics Studio at the Lilley Gulch Recreation Center. Classes for Parent and Tot (10 months+) up to 15 years old. For class offerings and prices call 303-409-2506 or visit [www.ifoohills.org](http://www.ifoohills.org)

**July is Recreation & Parks Month**

July is National Recreation & Parks Month. Foothills Park & Recreation District invites you to celebrate by experiencing fun, fitness and Foothills through our parks and trails, recreation centers, golf courses, ice arena and much more. Find your fun today at [www.ifoohills.org](http://www.ifoohills.org) or call 303-409-2100

###

*Foothills Park & Recreation district, founded in 1959, serves a 28 square mile area of unincorporated Jefferson County generally bounded by Hampden Avenue south to C-470 from Sheridan Boulevard west to the Dakota Hogback. The District operates the Ridge Recreation Center, the Edge Ice Arena, Lilley Gulch Recreation Center, the Peak Community and Wellness Center, four outdoor swimming pools, Indoor Sports Arena, Foothills Golf Course complex, Meadows Golf Course, and 69 park sites totaling more than 2,410 acres and including four regional parks, 42 neighborhood and community parks and 24 greenbelts. In addition Foothills manages six regional trail corridors for public use, which, combined with park trails, total more than 31 miles. For more information visit [www.ifoohills.org](http://www.ifoohills.org) , or call (303) 409-2100.*