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**For Immediate Release – April 28, 2009**

**Foothills Park & Recreation District events**

**Men's Summer Indoor Flag Football**

Foothills Park and Recreation District's Indoor Sports Arena (3608 S. Kipling Parkway) is accepting registration beginning May 4 for Men's Summer Flag Football League. 8 v. 8 leagues are \$630, 4 v. 4 leagues are \$315. Fees include: player fees, officials' fees and field time. Enjoy the "New Generation Synthetic Turf" that looks, feels and plays like real grass. For more information call 303.409.2444 or visit [www.foothills.org](http://www.foothills.org).

**50's Sock Hop Skate, May 16**

Celebrate Foothills Park & Recreation District's 50<sup>th</sup> anniversary by enjoying fun 50's music while ice skating at the Edge Ice Arena (6623 S. Ward St.). Event runs on Saturday, May 16 from 6-8 p.m. with awards for best costume. Entry is \$5 and skate rentals are only 50¢. For more information call 303.409.2222 or visit [www.foothills.org](http://www.foothills.org).

**Lilley Gulch Garage Sale, May 9**

Come to Foothills Park & Recreation District's Lilley Gulch Recreation Center (6147 S. Holland Way) on Saturday, May 9 from 9 a.m. – 2 p.m. for the Foothills' Employee Garage Sale. All money raised will go to Foothills' Employee Fun Bunch activities. Items not purchased will be donated to charity. For information, call 303.409.2512.

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*In 2009, Foothills Park & Recreation District is proudly celebrating 50 years of excellence and service!*

*Foothills Park & Recreation District, founded in 1959, serves a community of 90,000 residents in a 28 square mile area of unincorporated Jefferson County generally bounded by Hampden Avenue south to C-470 from Sheridan Boulevard west to the Dakota Hogback. The District operates the Ridge Recreation Center, Edge Ice Arena, Lilley Gulch Recreation Center, Peak Community and Wellness Center, four outdoor swimming pools, Indoor Sports Arena, Foothills Golf Course complex, Meadows Golf Course, and 70 park sites totaling more than 2,400 acres and including four regional parks, 42 neighborhood and community parks and 24 greenbelts. In addition Foothills manages six regional trail corridors for public use, which, combined with park trails, total more than 31 miles. For more information visit [www.foothills.org](http://www.foothills.org), or call 303.409.2100.*