

Contact:  
Kate Drago  
Public Information and Outreach Supervisor  
Foothills Park & Recreation District  
(303) 409-2525; [kate@fhprd.org](mailto:kate@fhprd.org)

**For Immediate Release – December 9, 2009**

**Foothills Park & Recreation District events**

**Magical Snowflakes & Holiday Treats**

Introduce your child to the magic of the holidays with Foothills Park & Recreation District's upcoming holiday classes for ages 3-7. Youth classes titled Magical Snowflakes and Holiday Treats will be held on Saturday, December 19 at Lilley Gulch Recreation Center. For more information or to register visit [www.ifoohills.org](http://www.ifoohills.org) or call 303.409.2507.

**2009-2010 Indoor Driving Range**

Foothills Park & Recreation District invites you to practice your swing at Indoor Sports Arena's indoor driving range using Birdie Balls. Bring your clubs or use a few of ours. Driving Range hours are Monday – Friday until April 30, 2010 from 11 a.m. – 2 p.m. For more information, call 303.409.2444; [www.ifoohills.org](http://www.ifoohills.org).

**2010 Winter Indoor Adult Soccer**

Foothills Park & Recreation District will offer coed recreational, men's & coed competitive, and coed open soccer leagues at the Indoor Sports Arena. Returning teams can begin registering December 18, new teams begin registering December 28. For more information, call 303.409.2444 or visit [www.ifoohills.org](http://www.ifoohills.org).

**2010 Winter Indoor Adult Flag Football**

Foothills will offer men's recreational and men's competitive flag football leagues at the Indoor Sports Arena. Returning teams can begin registering December 28, new teams begin registering January 4. For more information, call 303.409.2444 or visit [www.ifoohills.org](http://www.ifoohills.org).

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*In 2009, Foothills Park & Recreation District is proudly celebrating 50 years of excellence and service!*

*Foothills Park & Recreation District, founded in 1959, serves a community of 90,000 residents in a 28 square mile area of unincorporated Jefferson County generally bounded by Hampden Avenue south to C-470 from Sheridan Boulevard west to the Dakota Hogback. The District operates the Ridge Recreation Center, Edge Ice Arena, Lilley Gulch Recreation Center, Peak Community and Wellness Center, four outdoor swimming pools, Indoor Sports Arena, Foothills Golf Course complex, Meadows Golf Course, and 70 park sites totaling more than 2,400 acres and including four regional parks, 42 neighborhood and community parks and 24 greenbelts. In addition Foothills manages six regional trail corridors for public*

use, which, combined with park trails, total more than 31 miles. For more information visit [www.ifoohills.org](http://www.ifoohills.org) , or call 303.409.2100.