

Contact:  
Kate Dragoo  
Public Information and Outreach Supervisor  
Foothills Park & Recreation District  
(303) 409-2525; [kate@fhprd.org](mailto:kate@fhprd.org)

### **For Immediate Release – June 3, 2009**

#### **Foothills Park & Recreation District events**

**Friday, June 12, 9:30 – 10:15 a.m. - Foothills Park & Recreation District Free Summer Entertainment Series.** Join HawkQuest for a children's presentation of birds of prey featuring hawks of all shapes and sizes. Bring the family and enjoy free entertainment. Clement Park, 7306 W. Bowles Ave. 303.409.2626; [www.ifoohills.org](http://www.ifoohills.org).

#### **Lilley Gulch Pool Party, June 13**

Join Foothills Park & Recreation District at the Lilley Gulch Recreation Center Pool Party on Saturday, June 13. Admission is only \$2 for all day open swim. Organized games, activities, food and prizes will be happening from 1-3 p.m. Lilley Gulch Recreation Center is located at 6147 S. Holland Way. For more information call 303.409.2500 or visit [www.ifoohills.org](http://www.ifoohills.org).

#### **Summer adult athletic leagues**

Foothills Park & Recreation District is gearing up for summer adult athletic leagues. Stay active and have fun with these upcoming sports: Indoor Volleyball begins June 14 and 15, Men's Basketball begins June 16 and 18, Women's 5v5 Basketball begins June 17, and Outdoor Volleyball begins June 25. For more information, call 303.409.2615 or visit [www.ifoohills.org](http://www.ifoohills.org).

#### **Adult dance classes**

Try out one of Foothills Park & Recreation District's couples dancing classes this summer. Classes include: beginning ballroom, swing & jitterbug, beginning Latin ballroom and salsa & merengue. Couples dance classes can be taken with or without a partner; fees per person is \$51 (District Rate \$40.) Classes begin June 15 and 18 at the Ridge Recreation Center. To register visit [www.ifoohills.org](http://www.ifoohills.org), for information call 303.409.2612.

#### **Money management for college students**

For college bound or current college students ages 17+, learn how to create a college budget, monitor transactions in your bank account, know your credit score, and avoid common money mistakes in college. Class open to all college students including incoming freshman and is taught by a licensed financial advisor at Foothills Park & Recreation District's Ridge Recreation Center on June 17 or July 15 from 6-8 p.m. Cost is \$20 (District Rate: \$10). To register visit [www.ifoohills.org](http://www.ifoohills.org).

###

*In 2009, Foothills Park & Recreation District is proudly celebrating 50 years of excellence and service!*

*Foothills Park & Recreation District, founded in 1959, serves a community of 90,000 residents in a 28 square mile area of unincorporated Jefferson County generally bounded by Hampden Avenue south to C-470 from Sheridan Boulevard west to the Dakota Hogback. The District operates the Ridge Recreation Center, Edge Ice Arena, Lilley Gulch Recreation Center, Peak Community and Wellness Center, four outdoor swimming pools, Indoor Sports Arena, Foothills Golf Course complex, Meadows Golf Course, and 70 park sites totaling more than 2,400 acres and including four regional parks, 42 neighborhood and community parks and 24 greenbelts. In addition Foothills manages six regional trail corridors for public use, which, combined with park trails, total more than 31 miles. For more information visit [www.ifoohills.org](http://www.ifoohills.org) ,or call 303.409.2100.*