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Foothills Park & Recreation District events

Swimsuit & Accessory Sale, Mar. 31 – Apr. 4

Gear up for summer and find great deals on swimwear and accessories for the entire family on March 31 – April 4, 8 a.m. – 5:30 p.m. at Foothills Park & Recreation District's Ridge Recreation Center, 6613 S. Ward Street. For more information call 303.409.2333 or for driving directions visit www.ifoohills.org.

Eating from your spring garden

Feast on spring green salad with sorrel, arugula, and cress; tarragon pesto soup and lemon chive butter while you discover handy annuals and perennials you can plant now for eating this summer and early next spring. This hands-on cooking class, taught by herb gourmet Deb Whittaker, will provide tips, uses and recipes for early spring eating. Class will be held Saturday, March 28 from 10 a.m. – 12 p.m. at Jared's Nursery and Garden Center (10500 West Bowles Ave., Littleton). Pre-registration is required at www.ifoohills.org; cost \$9 (District Rate \$6). Lunch and recipes included for an additional \$10 material fee paid in class. For information call 303.409.2612.

Square foot gardening

Can't get that shovel into the concrete native soil? 'Grow up' your garden with a square foot raised bed. Learn what amendments are recommended, what building materials to use, and how to place vegetables and herbs for maximum space efficiency. Class will be held Saturday, March 28 from 2-3 p.m. at Jared's Nursery and Garden Center (10500 West Bowles Ave., Littleton). Pre-registration is required at www.ifoohills.org; cost \$9 (District Rate \$6). For information call 303.409.2612.

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In 2009, Foothills Park & Recreation District is proudly celebrating 50 years of excellence and service!

Foothills Park & Recreation District, founded in 1959, serves a community of 90,000 residents in a 28 square mile area of unincorporated Jefferson County generally bounded by Hampden Avenue south to C-470 from Sheridan Boulevard west to the Dakota Hogback. The District operates the Ridge Recreation Center, Edge Ice Arena, Lilley Gulch Recreation Center, Peak Community and Wellness Center, four outdoor swimming pools, Indoor Sports Arena, Foothills Golf Course complex, Meadows Golf Course, and 70 park sites totaling more than 2,400 acres and including four regional parks, 42 neighborhood and community parks and 24 greenbelts. In addition Foothills manages six regional trail corridors for public

use, which, combined with park trails, total more than 31 miles. For more information visit www.ifoohills.org , or call 303.409.2100.