

Contact:  
Kate Dragoo  
Public Information and Outreach Supervisor  
Foothills Park & Recreation District  
(303) 409-2525; [kate@fhprd.org](mailto:kate@fhprd.org)

**For Immediate Release – September 8, 2010**

**Foothills Park & Recreation District events**

**Foothills Pottery Sale, Sept. 18-19**

Shop the Foothills Park & Recreation District's Pottery Booth in the Arts & Crafts Section at Summerset Festival. Handmade pottery at great prices. Booth times: Saturday, Sept. 18, 9 a.m. – 6 p.m. and Sunday, Sept. 19, 9 a.m. – 4 p.m. For more information, call 303.409.2612.

**Daddy Daughter Dance – Sept. 26**

The Daddy Daughter Dance - an Evening for a Princess is for ladies 14 years old and younger on Sunday, September 26 from 4-6:30 p.m. at Foothills' Peak Community & Wellness Center. Dads, grandpas or uncles can escort their princess; dinner, dancing and door prize included. Registration required, cost is \$39 per person (\$30 District Rate). Attire for the evening is your choice!. For more information please call 303-409-2510.

**Free Adult Senior Open House, coming Oct. 1**

Mark your calendars and prepare to join Foothills Park & Recreation District for a day filled with fun and useful health and wellness information for adult seniors on Friday, October 1, 9 a.m. – 1p.m. at the Peak Community & Wellness Center (6612 S. Ward St.). Activities include booths representing senior resources and community organizations, give-aways, chair massage, free lunch and entertainment. RSVP required for lunch by calling 303.409.2264. For information visit [www.ifoohills.org](http://www.ifoohills.org) or call 303.409.2264.

**Fab Fit middle and high school pass**

Present your middle or high school ID and receive a Fab Fit Pass good at Foothills Park & Recreation District's facilities. Open gym and swim, work out, racquetball and indoor track available at the Ridge Recreation Center, Lilley Gulch Recreation Center and Peak Community & Wellness Center. Valid September 1, 2010 – May 31, 2011. Cost is \$129 per school year, or \$18/month. Ages 15 and under required to complete a cardio room orientation. For more information, call 303.409.2100 or visit [www.ifoohills.org](http://www.ifoohills.org).

- MORE -

Continued, page 2

### **September rental special at Foothills**

Let Foothills Park & Recreation District set your table this holiday season - have your next party at the Peak Community & Wellness Center. Book 3+ rooms by 9/30/2010 to receive the upgrade to drapes and white chairs for free. Expansive rooms can be rented individually or combined into a grand banquet space to groups from 10 to 200. Amenities include wood floors, large windows and doors opening onto an open patio with mountain views. A complete caterer's kitchen is available for food preparation and serving – outside caterers are welcome. Don't want to worry or deal with multiple vendors, no worries! Foothills can help you create a complete banquet package. Feel free to stop by and take a tour of our affordable and attractive banquet rooms. For more information or to schedule a meeting with our rental coordinator, call 303.409.2202; [www.ifoohills.org](http://www.ifoohills.org)

###

*Foothills Park & Recreation District, founded in 1959, serves a community of 90,000 residents in a 28 square mile area of unincorporated Jefferson County generally bounded by Hampden Avenue south to C-470 from Sheridan Boulevard west to the Dakota Hogback. The District operates the Ridge Recreation Center, Edge Ice Arena, Lilley Gulch Recreation Center, Peak Community and Wellness Center, four outdoor swimming pools, Indoor Sports Arena, Foothills Golf Course complex, Meadows Golf Course, and 70 park sites totaling more than 2,400 acres and including four regional parks, 42 neighborhood and community parks and 24 greenbelts. In addition Foothills manages six regional trail corridors for public use, which, combined with park trails, total more than 31 miles. For more information visit [www.ifoohills.org](http://www.ifoohills.org), or call 303.409.2100.*