

For Immediate Release – June 8, 2011

Local Olympian to speak at Ridge Recreation Center

Foothills Park & Recreation District is participating in National Olympic Day on June 23, 2011. Olympic Day is celebrated annually by thousands of people in more than 160 countries. Commemorating the birth of the modern Olympic Games, Olympic Day is not only a celebration, but an international effort to promote fitness and well-being in addition to Olympic ideals of Fair Play, Perseverance, Respect and Sportsmanship. From June 17-26, 2011, communities across the United States will celebrate Olympic Day through educational programming and other activities.

District resident and Olympian Grace Jividen Truesdale, who placed 7th in the 1992 Olympics in Judo, will be speaking from 10-11 a.m. at the Ridge Recreation Center (6613 S. Ward St., Littleton 80127). This event is free and open to the public. For more information, call Kevin Brown at 303.409.2610

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Foothills Park & Recreation District, founded in 1959, serves a community of 90,000 residents in a 28 square mile area of unincorporated Jefferson County generally bounded by Hampden Avenue south to C-470 from Sheridan Boulevard west to the Dakota Hogback. The District operates the Ridge Recreation Center, Edge Ice Arena, Lilley Gulch Recreation Center, Peak Community and Wellness Center, four outdoor swimming pools, Indoor Sports Arena, Foothills Golf Course complex, Meadows Golf Course, and 71 park sites totaling more than 2,600 acres and including three regional parks, 44 neighborhood and community parks and 24 greenbelts. In addition Foothills manages six regional trail corridors for public use, which, combined with park trails, total 38.3 miles. For more information visit www.ifoohills.org ,or call 303.409.2100.