

# CHILDREN'S PROGRAMS BEFORE & AFTER SCHOOL/ALL DAY CHILDCARE PROGRAMS

## REGISTRATION INFORMATION

REGISTRATION FOR ALL CHILDREN'S PROGRAMS MUST BE DONE IN PERSON.  
Call 303-409-2511 for more information.

LILLEY GULCH RECREATION CENTER, 6147 S. Holland Way, Littleton, CO 80123 • RIDGE RECREATION CENTER, 6613 S. Ward St., Littleton, CO 80127

## QUALITY PROGRAMMING FOR FAMILIES

Foothills Park & Recreation District Before & After School Programs offer positive, developmentally appropriate activities for all children to help them learn and grow. Our programs are licensed by the Colorado Department of Human Services.

### BEFORE & AFTER SCHOOL PROGRAM (GRADES K – 6)

Programs are offered MON – FRI from 6:45am until school commences and after school until 6:00pm. We provide care on full days and minimal contact days. Programs fill early. Please call 303-409-2511 for more information.

#### BEFORE & AFTER SCHOOL PROGRAMS:

Are available on site at the following elementary schools & recreation centers:

- Devinny
- Dutch Creek
- Governor's Ranch
- Lilley Gulch Recreation Center
- Hutchinson
- Normandy
- Peiffer
- Ridge Recreation Center
- Stony Creek
- Ute Meadows

> Care is offered at **RIDGE RECREATION CENTER** for Powderhorn, Mt. Carbon, and Westridge with transportation provided to and from school.

> Care is offered at **LILLEY GULCH** for Colorow and Blue Heron with transportation provided to and from school.

### KINDERGARTEN ENRICHMENT PROGRAM (AFTER MORNING KINDERGARTEN CLASS)

Programs are offered MON-FRI from 11:00am until 3:00pm. Children needing care after 3:00pm can join our After School Program held at Lilley Gulch Recreation Center. Transportation is provided by our staff from several different schools.

Foothills District provides an age appropriate curriculum as the basis of our program. Our staff works to provide a quality program that assists children in:

- Exploring a wide variety of educational and recreational activities
- Stimulating learning and imagination
- Encouraging physical skill development
- Promoting positive social skills

For more information on the Kindergarten Enrichment Program, please call Jennifer Miller, Children & Youth Specialist, at 303-409-2507.

**WE ARE  
Qualistar  
RATED!**

## ALL DAY CHILDCARE PROGRAMS • AGES 2½ – 5 (UNTIL KINDERGARTEN)

Our Childcare Programs have served South Jefferson County families for over 25 years and are licensed by the Colorado State Department of Human Services. Our programs are designed to serve our community with a safe, fun and enriching childcare environment that includes age-appropriate preschool classes.

FOR ADDITIONAL INFORMATION OR TO SCHEDULE A VISIT, PLEASE CALL LILLEY GULCH AT 303-409-2507 OR THE RIDGE AT 303-409-2510.

### HOURS OF OPERATION

Lilley Pad and Little Bear Mountain are open MON-FRI (52 weeks a year)  
• 7:00am – 6:00pm (holiday hours may vary).

We are closed on the following days:

**Memorial Day • July 4 • Labor Day • Thanksgiving (THU & FRI)  
Christmas Day • New Year's Day • Staff Development Days.**

### TOILETING

All children must be toilet trained to attend our programs. Accidents may happen and are handled as discreetly as possible. Extra clothing is kept on site for such accidents and should be washed and returned to the center as soon as possible after use.

### STAFF

Our center directors are Large Center Director qualified through the State of Colorado and our preschool teachers are group leader qualified.

### SAFETY

Child protection is our priority. Each child in the program is required to wear a nametag. Children must also be signed in and out each day by their parent, guardian or authorized person. Children will only be released to these people and identification will be checked.

### SWIMMING

Swimming is offered twice a week throughout the year and is supervised by our staff and a trained lifeguard.

### ENRICHMENT ACTIVITIES

Enrichment activities are offered throughout the year, including guest speakers, field trips, cooking and science activities. Children also receive time in the gymnastics facility at Lilley Gulch Recreation Center.

### SUMMER PROGRAMMING

During the summer, our programs continue to help your child learn in a "camp" like atmosphere. Even though the days are more relaxed, we provide hands-on learning opportunities for the children each day.

### VISITING OUR PROGRAM

Please call the childcare office to set up an appointment to visit one of our programs:

**LILLEY GULCH PROGRAM OFFICE**

• 303-409-2507 • 6147 S. Holland Way, Littleton, CO 80123

**RIDGE PROGRAM OFFICE**

• 303-409-2510 • 6613 S. Ward St., Littleton, CO 80127

### TUITION \$46/day (District Rate: \$41/day)

Tuition is billed monthly and is due by the 25th of each month for the following month. Parents can choose days that care is required each month. We accept drop-in childcare when needed – at a higher fee if space is available. A 24-hour notice is recommended for drop-in and must be approved by the Program Site Director.

### ENROLLMENT

Enrollment is accepted year-round and depends on availability. An annual non-refundable registration fee of \$55 (\$80 maximum per family) is collected at the time of enrollment. Enrollment forms are due a minimum of 48 business hours BEFORE your child attends the program and will be given to you when you sign up for the program.

**FOOTHILLS PARK & RECREATION DISTRICT WELCOMES ALL LEVELS  
AND ABILITIES, INCLUDING INDIVIDUALS WITH SPECIAL NEEDS.  
PLEASE CONTACT AMBER SELBY AT 303-409-2127  
TO DISCUSS HOW WE CAN BEST SERVE YOU.**

# CHILDREN'S PROGRAMS PRESCHOOL/EARLY CHILDHOOD SPECIALTY CLASSES

## PRESCHOOL (AGES 3 – 5 YEARS)

**WE ARE  
Qualistar  
RATED!**

Foothills Park & Recreation District is proud to present preschool classes at Lilley Gulch Recreation Center. This program is licensed by the state and is staffed by highly qualified Early Childhood Educators. The classes provide children with an outstanding opportunity to advance their physical, social, emotional and cognitive development. All classes feature age appropriate curriculum that allows the students to learn through hands-on experiences. Listed below are the classes currently being offered by Children's Programs.

**FOR MORE INFORMATION, PLEASE CALL 303-409-2507 FOR CLASSES AT LILLEY GULCH RECREATION CENTER.**

The most important goal of our early childhood curriculum is to help children become enthusiastic learners. We help children become independent, self-confident, inquisitive learners – not just in preschool – but lasting throughout their lives. Parents are requested to volunteer in the classroom, and to provide a snack several times throughout the year.

Preschoolers are placed in a class closest to their peer age group. Children **MUST** be 3 years of age prior to October 1, and they **MUST** be fully toilet trained.

### WE OFFER THE FOLLOWING CLASSES:

- **MORNING (9:00 – 11:30am)**  
M/W/F Sessions or T/TH Sessions

AND . . .

- **½ DAY PRESCHOOL (9:00am – 1:00pm)**  
M/W/F Sessions or T/TH Sessions  
- Includes Swimming or Gymnastics  
Once a Week on Alternating Weeks!

### FEES PER 5-WK SESSION (2010 – 2011):

# OF DAYS PER WEEK	FEE		DISTRICT RATE	
	YOUNGEST CHILD ENROLLED IN PROGRAM	EACH ADDITIONAL CHILD	YOUNGEST CHILD ENROLLED IN PROGRAM	EACH ADDITIONAL CHILD
<b>2 DAYS</b>	<b>\$136</b>	<b>\$126</b>	<b>\$120</b>	<b>\$111</b>
<b>3 DAYS</b>	<b>\$167</b>	<b>\$155</b>	<b>\$147</b>	<b>\$137</b>
<b>2 (½ DAYS)</b>	<b>\$213</b>	<b>\$198</b>	<b>\$187</b>	<b>\$173</b>
<b>3 (½ DAYS)</b>	<b>\$264</b>	<b>\$243</b>	<b>\$231</b>	<b>\$214</b>

- Registration is being accepted for the 2010-2011 preschool year.
- A non-refundable enrollment fee of \$55 per child (\$80 maximum per family – covers JUNE 1, 2010 – MAY 31, 2011) is due at the time of registration to secure your child's placement.
- For more information, please call Jennifer Miller, Children & Youth Program Specialist, at 303-409-2507.

## EARLY CHILDHOOD SPECIALTY CLASSES (AGES 6 MO – 6 YEARS)

Early Childhood Specialty Classes are designed to provide an introduction to a variety of experiences. A low teacher-child ratio and experienced instructors add to the quality of the program. Children must be the specified age by the first day of the session. Due to the popularity of these programs, please register early! Classes will be cancelled 3 days prior to start date if minimum enrollment is not met. *To see schedules and to register, please visit [www.ifoohills.org](http://www.ifoohills.org).*

**CALL 303-409-2507 FOR ADDITIONAL INFORMATION.**

### TODDLERS ON THE GO! Ages 18-30 months

This parent-participation class is designed to give children their first classroom experience while learning social and behavioral skills. Due to class size, non-enrolled siblings may not attend classes, and **ONLY ONE ADULT** per child should remain in their child's classroom.

Fee: \$45 (District Rate: \$36) 4 weeks

### I'M A BIG KID NOW!\* Ages 2½-3½

Children enjoy socializing with others as they discover and create in this class. Parents are welcome to stay, but not required. Non-enrolled siblings may not attend classes, and **ONLY ONE ADULT** per child may remain in the classroom.

Fee: \$45 (District Rate: \$36) 4 weeks

### JUST FOR 3's\* Age 3

This class features activities planned just for 3-year olds. Children enjoy experiences in art, music, science, cooking and more during each session. Please apply sunscreen – we will be going outside.

Fee: \$52 (District Rate: \$40) 4 weeks

### SPANISH ENRICHMENT\* Ages 3-5

Children will learn the basics of the Spanish language through songs, crafts and play in this fun class.

Fee: \$55 (District Rate: \$45) 4 weeks

### STORYBOOK ADVENTURES\* Ages 3-5

Literacy is a proven factor for teaching children to be successful learners. This class incorporates multiple learning activities revolving around a different storybook each week. Come along and join the adventure!

Fee: \$55 (District Rate: \$45) 4 weeks

### ADVENTURES IN SPORTS\* Ages 3-6

This fun, active class provides a place to explore sports and games and focuses on teamwork and sportsmanship. Children learn about basic fitness as they develop skills in different areas.

Fee: \$52 (District Rate: \$40) 4 weeks

### KIDS IN THE KITCHEN\* Ages 3-6

Kids learn about foods, nutrition, manners and cooking skills in this hands-on class in our kitchen classroom.

Fee: \$55 (District Rate: \$45) 4 weeks

### SUMMER ADVENTURES MINI-CAMP\* Ages 4-6

Not quite ready for summer camp, but want the summer camp experience – this camp is for you! Children will enjoy experiences in art, music, science, games, sign language and more. Children need to bring a lunch to class.

Fee: \$32 (District Rate: \$28) Session = 2 days in 1 week

**\*CHILDREN MUST BE TOILET TRAINED TO ATTEND THESE CLASSES.**

CHILDREN'S PROGRAMS

# CHILDREN'S PROGRAMS SUMMER CAMPS & ACTIVITIES – YOUTH/TEEN

## LEARN, DISCOVER AND EXPLORE WITH FOOTHILLS THIS SUMMER!

Camps fill quickly – so register NOW! Register weekly in our Specialty Camps or register for our FLEXIBLE daily rates in Kids on the Move and Camp Hoppers! Registration packets are available at the Peak Community & Wellness Center, Lilley Gulch Recreation Center and Ridge Recreation Center.

FOR MORE INFORMATION, PLEASE CALL 303-409-2511 OR VISIT [WWW.IFOOTHILLS.ORG](http://WWW.IFOOTHILLS.ORG).

*PRICES AND AVAILABILITY ARE SUBJECT TO CHANGE WITHOUT NOTICE.*

## SUMMER CAMPS (AGES 5 – ENTERING GRADE 8)

### CAMP HOPPERS

Ages 5 - 6

This camp provides our youngest campers the chance to feel like BIG KIDS during the summer. Children enjoy the benefits of Kids on the Move camp, including swimming weekly and field trips while staying with children their age.

For more information, please call 303-409-2507.

**DATES:** MON – FRI JUN 3 – AUG 18  
**TIMES:** 6:45am – 6:00pm  
**FEES:** Daily Rate: \$34

### KIDS ON THE MOVE

Ages 5 – Grade 6

This theme-based camp for Ages 5 to entering Grade 6 provides daily activities focusing on positive role models, healthy boundaries, recreational and creative opportunities all in a safe and nurturing environment. Included are swimming, field trips, special events and more. Children **MUST** bring their own snacks, lunch, a drink/water bottle and sunscreen. Bring a swimsuit, towel and sunscreen on swim days.

For more information, please call 303-409-2523.

**DATES:** MON – FRI JUN 3 – AUG 18  
**TIMES:** 6:45am – 6:00pm  
**FEES:** Daily Rate: \$34

### ARTS IN ACTION CAMP

Grades 3 - 6

This camp provides an opportunity for kids entering Grades 3 – 6 to express themselves through Art, Theater, Science and Music/Dance. Campers will work on projects in addition to swimming, games, field trips and outdoor play. **NOT A DROP-IN CAMP.**

For more information, please call 303-409-2376.

**DATES:** JUN 3 – AUG 18  
**TIMES:** 6:45am – 6:00pm  
**FEES:** Weekly Rate: \$170  
(short weeks are pro-rated)

### ALL STAR SPORTS CAMP

Grades 3 - 8

This camp offers kids of all levels who are entering Grades 3 – 8 the chance to develop skills while participating in a wide variety of sports and games. Swimming and field trips are included. Campers **MUST** bring snacks, lunch, a water bottle and sunscreen. **NOT A DROP-IN CAMP.**

For more information, please call 303-409-2523.

**DATES:** JUN 3 – AUG 18  
**TIMES:** 6:45am – 6:00pm  
**FEES:** Weekly Rate: \$170  
(short weeks are pro-rated)

### OUTDOOR ADVENTURES

Grades 3 - 8

Kids entering Grades 3 – 8 will discover wilderness, wildlife, and the beauty Colorado has to offer! Each week will provide educational and recreational activities with focus on a specific outdoor theme. Campers must bring snacks, lunch, drink/water bottle and sunscreen. **NOT A DROP-IN CAMP.**

For more information, please call 303-409-2523.

**DATES:** JUN 3 – AUG 18  
**TIMES:** 6:45am – 6:00pm  
**FEES:** Weekly Rate: \$210  
(short weeks are pro-rated)

**FOR LOCATIONS AND DETAILS ABOUT OUR SUMMER CAMPS & ACTIVITIES, PLEASE SEE OUR SUMMER CAMP BROCHURE, VISIT [WWW.IFOOTHILLS.ORG](http://WWW.IFOOTHILLS.ORG), OR CALL 303-409-2511**

## TEEN CAMP & ACTIVITIES (PRE-TEENS/TEENS)

### TEEN CAMP

Grades 6 - 9

This summer we will challenge, engage and inspire our campers entering Grades 6 – 9 to achieve success. Each week will be a different theme allowing participants to soar to new heights through outdoor challenges, field trips and mind boggling adventures! So, if your teen is up for the challenge . . . sign up now!

For more information, please call 303-409-2510.

**DATES:** JUN 3 – AUG 18  
**TIMES:** 6:45am – 6:00pm  
**FEES:** 4-day per Week Rate: \$157  
(MON – THU)

### LEADERS IN TRAINING CAMP Grades 9 & 10

Leaders in Training Camp (L.I.T.) is a 10-week camp for young adults entering Grades 9 – 10 interested in becoming camp counselors or volunteering. This camp will provide a unique opportunity to strengthen their leadership skills and help them experience real on-the-job training. Participants meet weekly on Mondays and choose their volunteer schedule for Tuesdays through Fridays at sites within the District. Volunteer sites include Children's Programs, Aquatics and Athletics. The L.I.T. will receive CPR and First Aid Certifications and will participate in different team-building activities throughout the program. For more information, please call 303-409-2510.

### TEENS OUTSIDE (FRIDAYS)

Ages 11 - 18

Join us for outdoor fun this summer with exciting excursions that take us across Colorado! Trips are at various times and include rock climbing, white water rafting, mountain biking, Elitch Gardens, Water World, water skiing and tubing. Sign up for all or one! All dates and times are subject to change.

For more information, please call 303-409-2510.

## YOUTH COUNCIL GRADES 6 - 12

Is your teen is interested in becoming more involved in our community? This program allows them to develop strong leadership skills and create positive change. We are looking for 6th – 12th Graders from public, private and home school to join the Foothills Park & Recreation District Youth Council.  
Call 303-409-2510.