

# ICE ARENA HOCKEY LEAGUES/CLASSES – ADULT/YOUTH

## HOCKEY LEAGUES AT EDGE ICE ARENA

THE EDGE ICE ARENA OFFERS A VARIETY OF ADULT AND YOUTH HOCKEY PROGRAMS FOR SKATERS OF ALL AGES AND ABILITIES.

To play in any Edge Ice Arena leagues, all players MUST be registered with USA Hockey Association and that registration fee is paid on an annual basis. Your USA Hockey registration membership acts as your insurance plan or your secondary insurance while playing in a league. To register on line, go to [www.usahockey.com](http://www.usahockey.com) and click the "Online Registration" icon. No player will be allowed to play in Edge Ice Arena leagues until we have their completed registration verification form.

**For more information on leagues please call 303-409-2211, or visit [www.ifoohills.org](http://www.ifoohills.org).**

**PRICES AND AVAILABILITY ARE SUBJECT TO CHANGE WITHOUT NOTICE.**

### EDGE ADULT HOCKEY LEAGUES (EAHL)

The Edge Adult Hockey Leagues consist of six skill level divisions and each division plays on a designated night as follows:

- B/C-1 DIVISION (Advanced)** plays on WED nights
- C-2 DIVISION (Intermediate)** plays on TUE nights
- C-3 DIVISION (Lower Intermediate)** plays on MON nights
- D DIVISION (Beginner)** plays on SUN nights
- OVER 40 (Social League)** plays on THU nights

**WINTER SEASON:** 21 Games guaranteed  
includes double elimination play-offs  
Game Times • 8:00 – 10:40 p.m.

**SUMMER SEASON:** 10 Games guaranteed  
includes single elimination play-offs  
Game Times • 7:40 – 10:20 p.m.

**FEE:** Contact Jesse Badder at 303-409-2211 or email [jesseb@fhprd.org](mailto:jesseb@fhprd.org).



## ATTENTION FREE AGENTS!

*We help adults find a Sports Team to join!  
Call 303-409-2211 TODAY!*

### DROP-IN HOCKEY/STICK & PUCK

# BIG SAVINGS!

## BEGINNING JUNE 1, 2010

**PICK UP A MONTHLY PASS FOR ONLY \$85**

OR A

**12-VISIT PUNCH CARD FOR ONLY \$100!**

FOR OPEN PRACTICE TIMES & FEES,  
PLEASE CALL **303-409-2222** OR  
VISIT [WWW.IFOOTHILLS.ORG](http://WWW.IFOOTHILLS.ORG).

### YOUTH HOCKEY LEAGUES

#### MIDDLE SCHOOL HOCKEY LEAGUE (SPRING)

Middle School Hockey League is for 6th, 7th and 8th grade students attending Deer Creek, Ken Caryl, Falcon Bluffs, and Summit Ridge (students currently enrolled in 6th grade may register for this league). Teams from other schools may be added. Spring Season is APR through MAY each year. Registration deadline is Mid-MAR. Registration forms will be available at the Edge Ice Arena or at [www.ifoohills.org](http://www.ifoohills.org). Coaches interested in coaching a team or for more information, please contact Jesse Badder at 303-409-2211.

**FEE:** \$235 per player (jersey included)

#### EDGE SUMMER HIGH SCHOOL HOCKEY LEAGUE

The Edge Summer High School Hockey Leagues offer opportunities for incoming freshmen through senior boys. Games include 70-minute game slots, two 20-minute run periods and one 15-minute stop period. Full equipment is required. All non-USA Hockey players can register at [www.usahockey.com](http://www.usahockey.com).

► REGISTRATION DEADLINE: MAY 18, 2010

► 8-GAME SEASON: JUN 1 – AUG 12  
(will include playoffs)

**FEE:** \$235 per player (jersey included)

# ICE ARENA CLASSES – ADULT/TEEN/YOUTH

## ADULT/TEEN HOCKEY CLASSES

### ADULT SKILLS/SCRIMMAGE Ages 18 & up WEDNESDAY NIGHT CLASS

This structured class includes power skating, passing, puck handling, shooting and team tactics and can be helpful with your hockey league skills. Participants **MUST** have basic skating skills. Every class will be followed by a scrimmage. For more information, please call 303-409-2211 or email [jesseb@fhprd.org](mailto:jesseb@fhprd.org).  
**Fee: \$100 (District Rate: \$75) 6 weeks**

### ADULT-TEEN SKILLS/SCRIMMAGE Ages 16 & up SUNDAY EVENING CLASS

Skills taught in this class include passing, power skating, puck handling, shooting and team tactics – 40 minutes of skills followed by a 30-minute scrimmage. Jersey is provided. Full gear is required.  
**Fee: \$125 (District Rate: \$100) 6 weeks**

### WOMEN'S SKILLS/SCRIMMAGE (SUNDAY EVENINGS)

The Women's Hockey Skills & Scrimmage Sessions are offered Mid-March every year. The 6-week season is held on Sunday evenings. **Registration begins in JAN for the Season and the deadline date is the end of FEB.**  
**FEE: \$100 per player**



## YOUTH HOCKEY ASSOCIATIONS

### COLORADO SELECT GIRLS HOCKEY ASSOCIATION (CSGHA)

Colorado Select Girls Hockey offers teams from beginners through elite players and manage the girls hockey program at the Edge Ice Arena – the first girls' hockey association in the State of Colorado for all ages and levels! For details, visit [www.coloradogirlshockey.com](http://www.coloradogirlshockey.com), or call 303-409-2217. CSGHA leases and maintains office space at the Edge Ice Arena.

### BOYS AND GIRLS' YOUTH HOCKEY-FOOTHILLS HOCKEY ASSOCIATION (FHA)

The Edge Ice Arena is the home rink for the Foothills Hockey Association (FHA). This organization is comprised of volunteers in the southwest Denver metro area and is a member of CCYHL under the CAHA association. For more information, call 303-409-2226, or visit [www.foothillshockey.org](http://www.foothillshockey.org). FHA leases and maintains office space at the Edge Ice Arena.

For information — 303-409-2222 • [info@fhprd.org](mailto:info@fhprd.org)  
Register online — [www.ifoohills.org](http://www.ifoohills.org)

## YOUTH HOCKEY CLASSES

### MITES SKILLS/SCRIMMAGE Ages 5-8 PRE-REQUISITE:

**BASIC 1 – LEARN-TO-SKATE PROGRAM (PAGE 41)**  
Skills learned include power skating, passing, puck handling, shooting and team tactics. 40 minutes of skills followed by a 30 minute cross-ice scrimmage. Jersey is provided. Full gear is required.  
**Fee: \$125 (District Rate: \$100) 6 weeks**

### SQUIRTS SKILLS/SCRIMMAGE Ages 9-10 PRE-REQUISITE:

**BASIC 1 – LEARN-TO-SKATE PROGRAM (PAGE 41)**  
Skills learned include power skating, passing, puck handling, shooting and team tactics. 40 minutes of skills followed by a 30 minute cross ice scrimmage. Jersey is provided. Full gear is required.  
**Fee: \$125 (District Rate: \$100) 6 weeks**

### PEEWEE/BANTAM/SCRIMMAGE Ages 11-15 PRE-REQUISITE:

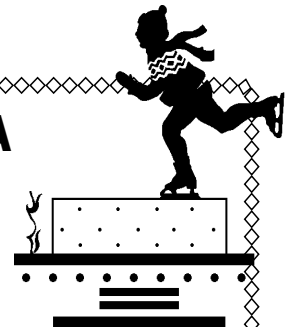
**BASIC 1 – LEARN-TO-SKATE PROGRAM (PAGE 41)**  
Skills learned include power skating, passing, puck handling, shooting and team tactics. 40 minutes of skills followed by a 30 minute cross ice scrimmage. Jersey is provided. Full gear is required.  
**Fee: \$125 (District Rate: \$100) 6 weeks**

## EDGE ICE ARENA BIRTHDAY PARTIES

### • AGES 3+

Have a blast skating in our Ice Arena! You will skate during the public session (skate rental is included), and then you will head to a party room for cake, ice cream, and punch (paper products are provided). Reservations must be made in person a minimum of 10 days in advance of the party. Pizza, hot dogs, and drinks are available at an extra cost. No outside food may be brought into the arena. **\$50 DEPOSIT IS REQUIRED.**

1-10 people	\$140
11-15 people	\$155
16-20 people	\$170
21-25 people	\$185
25+	Add \$3.25 per person



**LOOKING FOR CLASS SCHEDULES?**  
**Please pick them up at our facilities**  
**OR visit [www.ifoohills.org](http://www.ifoohills.org).**

# ICE ARENA LEARN-TO-SKATE

## LEARN-TO-SKATE PROGRAM – AGES 3 & UP

Classes follow the curriculum developed by the skating industry. Beginning classes teach the fundamentals and foundation of ice skating. Successive levels continue to build upon the skater's ability and technique. Classes are separated by age and skill level. Testing is conducted at the end of each session to determine if participants are ready to advance to the next level.

### CLASS

### FOCUS

<b>PARENT-TINY TOTS (Age 3)</b> Parent participation required. • <b>Helmet &amp; Gloves Recommended</b>	Sitting, standing up, marching in place, marching forward, gliding on two feet, dipping in place and forward two foot swizzles
<b>PARENT-BEGINNER TOTS (Ages 4-5)</b> Parent participation required. • <b>Helmet &amp; Gloves Recommended</b>	Sitting, standing up, marching in place, marching forward, gliding on two feet, dipping in place and forward two foot swizzles
<b>HOT SHOTS (Ages 4-5)</b> Pre-Requisite: <b>PARENT-BEGINNER TOTS</b> • <b>Helmet &amp; Gloves Recommended</b>	Backward wiggles, forward one foot glides, backward swizzles, forward swizzles while working on speed and development of <b>BEGINNING TOTS</b> skills
<b>BASIC 1 (Ages 6-18)</b>	Sitting, standing up, marching forward, forward two foot glides, dipping, forward swizzles, backward wiggles, snowplow stops and two foot hops in place
<b>BASIC 2/3 (Ages 6-18)</b> Pre-Requisite: <b>BASIC 1</b>	Forward one-foot glides, backward two foot glides, backward swizzles, two foot moving turns, stops, moving forward slaloms, forward stroking, forward half swizzle pumps, forward crossovers, backward one foot glides and two foot spin
<b>ADVANCED BASIC SKILLS (Ages 6-18)</b> Pre-Requisite: <b>BASIC 2/3</b>	This class is designed for the skater to progress through Basic Skills 4-8 at the skater's own pace.
<b>ADVANCED FREESTYLE (Ages 6-18)</b> Pre-Requisite: <b>Advanced Basic Skills</b>	(Including but not limited to) Step sequences, jump combinations, spin combinations, higher level skating techniques
<b>BEGINNING ADULTS (Ages 19 &amp; up)</b>	Forward sticking and swizzles, snowplow stops, backward wiggles, two foot spins, two foot turns, one foot glides.

## LOOKING FOR CLASS SCHEDULES?

Please pick them up at our facilities, or visit [www.ifoohills.org](http://www.ifoohills.org).

### PRIVATE SKATE/HOCKEY INSTRUCTION CONTRACT ICE TIME & PRIVATE LESSONS

In House Program Manager: 303-409-2211

- ▶ Private instruction is available from the staff at the arena and is conducted during ice times that are specifically designated for individual figure skating practice or instruction.
- ▶ The Edge Ice Arena offers an evening schedule of freestyle sessions, and lessons are arranged directly between the skater/parent and the instructor.
- ▶ Private lessons are generally offered in 15, 20 or 30 minute segments. The exact schedule is worked out between the student, parent, and instructor.
  - Skaters must pay for ice time **BEFORE** their lesson.
  - Instructors must pay their instructor fee **BEFORE** their scheduled lesson.

### PUBLIC SKATE & FREESTYLE

FOR ALL AGES AT THE EDGE ICE ARENA

**PICK UP A 20-VISIT FREESTYLE PASS**

**FOR ONLY \$160!**

**FOR FEES & TIMES,**

**PLEASE CALL**

**303-409-2222**

**OR VISIT [WWW.IFOOHHILLS.ORG](http://WWW.IFOOHHILLS.ORG).**