

SUMMER 2010

AQUATICS SCHEDULES

– **RIDGE RECREATION CENTER (303-409-2333)**

CLOSED FOR ANNUAL MAINTENANCE: AUG 23 – 29, 2010



SCHEDULES & FEES ARE SUBJECT TO CHANGE. ALL AREAS OF THE POOL NOT AVAILABLE FOR EACH ACTIVITY.

RIDGE ACTIVITY Pool • 86° – 88° • MAY 29 – AUG 22, 2010

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
OPEN SWIM	10:00am-5:30pm	11:00am-9:00pm ¹	11:00am-9:00pm	11:00am-9:00pm ¹	11:00am-9:00pm	11:00am-9:00pm	Noon-5:30pm
WATER WALKING		7:00-11:00am Current Channel	7:00-11:00am Current Channel	7:00-11:00am Current Channel	7:00-11:00am Current Channel	7:00-11:00am Current Channel	
SWIM LESSONS		8:00-11:00am 4:30-6:30pm ¹	8:00-11:00am	8:00-11:00am 4:30-6:30pm ¹	8:00-11:00am	8:00-11:00am	9:00am-Noon
INFANT SWIM RESOURCE		6:00-11:00am	6:00-11:00am	6:00-11:00am	6:00-11:00am	6:00-11:00am	
RENTALS	5:30pm-CLOSE						5:30pm-CLOSE

¹ Water features will be turned off 4:30-6:30pm Mondays and Wednesdays during lessons.

RIDGE LAP Pool • 81° – 83° • MAY 29 – AUG 22, 2010

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
ADULT LAP SWIM (Ages 18 & up)	Noon-5:30pm	5:30am-4:30pm 7:00-9:00pm	5:30am-4:30pm 5:30-9:00pm	5:30am-4:30pm 7:00-9:00pm	5:30am-4:30pm 5:30-9:00pm	5:30am-4:30pm 7:00-9:00pm	Noon-5:30pm
OPEN SWIM	1:00-5:30pm	Noon-4:30pm 8:00-9:00pm	Noon-4:30pm 7:00-9:00pm	Noon-4:30pm 8:00-9:00pm	Noon-4:30pm 7:00-9:00pm	Noon-4:30pm 5:30-9:00pm	1:00-5:30pm
WATER WALKING	11:00am-1:00pm						
FITNESS		8:35-9:30am Aqua Zumba	8:00-9:00am Splash Aerobics 7:00-8:00pm Splash Aerobics		8:00-9:00am Splash Aerobics 7:00-8:00pm Splash Aerobics		
MASTERS	9:00-11:00am	5:30-7:00am	5:30-7:00am	5:30-7:00am	5:30-7:00am	5:30-7:00am	7:30-9:00am
SWIM LESSONS		8:00am-Noon 4:30-6:40pm	8:00am-Noon	8:00am-Noon 4:30-6:40pm	8:00am-Noon	8:00am-Noon	9:00am-Noon
FOOTHILLS SWIM TEAM		4:30-7:00pm	4:30-7:00pm	7:00-8:30am 4:30-7:00pm	4:30-7:00pm	7:00-8:30am 4:30-7:00pm	
DIVE TEAMS	Altitude 2:30-5:00pm Share w/Open Swim	Mile High 6:30-6:40pm (1 board) 6:40-8:00pm 8:00-8:30pm Share w/Open Swim	Altitude 7:00-9:00pm Share w/Open Swim	Mile High 6:30-6:40pm (1 board) 6:40-8:00pm 8:00-8:30pm Share w/Open Swim	Altitude 7:00-9:00pm Share w/Open Swim	Altitude 6:00-8:00pm Share w/Open Swim	Altitude 2:30-5:00pm Share w/Open Swim
SCUBA	9:00am-1:00pm						8:30am-1:00pm
CARA SWIM TEAM		4:30-5:30pm	4:30-5:30pm	4:30-5:30pm	4:30-5:30pm	4:30-5:30pm	
ELITE RENTAL		7:00-8:30am					

RIDGE THERAPY Pool* • 90° – 91° • MAY 29 – AUG 22, 2010

*NOTE: THERAPY POOL USE IS ONLY FOR THOSE WITH THERAPUTIC NEEDS & SCHEDULED CLASSES.

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
OPEN THERAPY	1:00-5:30pm	10:00-10:30am 11:30am-1:00pm 2:00-5:00pm 5:45-9:00pm	11:00am-9:00pm	11:30am-1:00pm 2:00-5:00pm 7:00-9:00pm	11:00am-9:00pm	10:00am-1:00pm 2:00-9:00pm	1:00-5:30pm
WATER WALKING	11:00am-1:00pm	8:00-9:30am	8:00-9:30am	8:00-9:30am	8:00-9:30am	8:00-9:30am	11:00am-1:00pm
SWIM LESSONS		9:30-10:00am 5:15-5:45pm	9:30-10:00am	9:30-10:00am 5:15-5:45pm	9:30-10:00am	9:30-10:00am	9:00-9:30am 10:30-11:00am
ADAPTIVE SWIM							9:30-10:30am
POOLATES			10:00-11:00am	10:30-11:30am 6:00-7:00pm	10:00-11:00am		
MOVING FOR LIFE		1:00-2:00pm		1:00-2:00pm		1:00-2:00pm	
RENTALS		10:30-11:30am					

SUMMER 2010



AQUATICS SCHEDULES - LILLEY GULCH RECREATION CENTER (303-409-2500)

CLOSED FOR ANNUAL MAINTENANCE: AUG 30 – SEP 6, 2010

SCHEDULES & FEES ARE SUBJECT TO CHANGE. ALL AREAS OF THE POOL NOT AVAILABLE FOR EACH ACTIVITY.

LILLEY GULCH POOL • 84° – 86° • JUN 5 – AUG 29, 2010

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
ADULT LAP SWIM (Ages 18 & up)	Noon-1:00pm	5:30-7:00am Noon-1:00pm	5:30-7:00am Noon-1:00pm 6:00-8:00pm ¹	5:30-7:00am Noon-1:00pm	5:30-7:00am Noon-1:00pm 6:00-8:00pm ¹	5:30-7:00am Noon-1:00pm 6:00-7:30pm ¹	Noon-1:00pm
OPEN SWIM	1:00-4:30pm		6:00-8:00pm ¹		6:00-8:00pm ¹	6:00-7:30pm ¹	1:00-4:30pm
WATER WALKING	10:30am-Noon						
SWIM LESSONS		9:00am-Noon	9:00am-Noon 4:00-5:30pm	9:00am-Noon	9:00am-Noon 4:00-5:30pm	9:00am-Noon	9:00am-Noon
FOOTHILLS SWIM TEAM		4:30-6:30pm 6 lanes	4:00-5:30pm 3 lanes 5:30-6:00pm 6 lanes	4:30-6:30pm 6 lanes	4:00-5:30pm 3 lanes 5:30-6:00pm 6 lanes	4:00-6:00pm 6 lanes	
CARA SWIM TEAM		7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	7:00-8:00am	
FITNESS		8:05-9:00am Splash Aerobics 1:00-2:00pm Deep Water AquaTone	8:05-9:00am Aquatone	8:05-9:00am Splash Aerobics 1:00-2:00pm Deep Water AquaTone	8:05-9:00am Aquatone	8:05-9:00am Splash Aerobics 1:00-2:00pm Deep Water AquaTone	
CLOSED		2:00-4:30pm	1:00-4:00pm	2:00-4:30pm	1:00-4:00pm	2:00-4:00pm	

Subject to change without notice. All areas of the pool NOT available for each activity. ¹ Three lanes available.

SUMMER 2010

AQUATICS LESSONS - RIDGE RECREATION CENTER (303-409-2333)



SCHEDULES & FEES ARE SUBJECT TO CHANGE.

RIDGE POOL LESSON PROGRAM							
<p>These classes are progressive. Swimmers must show competency in skills before advancing to the next level.</p>	<p>MONDAY - FRIDAY SESS# 1: JUN 7-18 2: JUN 21-JUL 2 3: JUL 5-16 4: JUL 19-30 5: AUG 2-13 Fee: \$60 (District Rate: \$48) 2 weeks - 10 lessons</p>	<p>MONDAY/WEDNESDAY SESS# 6: JUN 7-JUL 7 7: JUL 12-AUG 11 Fee: \$60 (District Rate: \$48) 5 weeks - 10 lessons</p>	<p>SATURDAY SESS# 8: JUN 5-JUL 3 9: JUL 10-AUG 7 Fee: \$30 (District Rate: \$24) 5 weeks - 5 lessons</p>				
ACTIVITY NAME	ACT#	TIME	ACT#	TIME	ACT#	TIME	
MOMMY/DADDY & ME (Ages 6 months-3 years)	3000	9:30-10:00am	3040	5:15-5:45pm	3060 3061	9:00-9:30am 10:30-11:00am	
LEVEL I	TINY TUNAS (Age 3 ONLY)	3001 3002 3003	8:45-9:15am 9:30-10:00am 10:15-10:45am	3041	4:30-5:00pm	3062 3063	9:45-10:15am 11:15-11:45am
	GOLDFISH (Ages 3-5)	3004 3005 3006	8:45-9:15am 9:30-10:00am 10:15-10:45am	3042 3043	4:30-5:00pm 6:00-6:30pm	3064 3065 3066	9:45-10:15am 10:30-11:00am 11:15-11:45am
	SEALS (Ages 6 & up)	3007 3008	8:45-9:25am 10:15-10:55am			3067	9:45-10:25am
LEVEL II	ANGELFISH (Ages 4-5 ONLY)	3009 3010 3011	8:45-9:15am 9:30-10:00am 10:15-10:45am	3044 3045	5:15-5:45pm 6:00-6:30pm	3068 3069 3084	9:00-9:30am 10:30-11:00am 11:15-11:45am
	WHALES (Ages 6 & up)	3012 3013 3014	8:45-9:25am 10:15-10:55am 11:00-11:40am	3046 3047	4:30-5:10pm 5:15-5:55pm	3070 3071	9:00-9:40am 9:45-10:25am
	STARFISH (Ages 4-5 ONLY)	3015 3016	9:30-10:00am 11:00-11:30am	3048	5:15-5:45pm	3072	9:00-9:30am
LEVEL III	DOLPHINS (Ages 6 & up)	3017 3018 3019 3020	8:45-9:25am 9:30-10:10am 10:15-10:55am 11:00-11:40am	3049 3050	4:30-5:10pm 5:15-5:55pm	3073 3074 3075	9:00-9:40am 9:45-10:25am 11:15-11:55am
	LEVEL IV - INTERMEDIATE SWIMMER (passed Dolphins)	3021 3022 3024	8:45-9:25am 9:30-10:10am 11:00-11:40am	3051	4:30-5:10pm	3076 3077	9:45-10:25am 10:30-11:10am
	Level V - ADVANCED SWIMMER (passed Level IV)	3027 3028	10:15-10:55am 11:00-11:40am	3052	6:00-6:40pm	3078 3079	10:30-11:10am 11:15-11:55am
LEVEL VI - COMPETITIVE SWIMMER (passed Level V)	3033	11:00-11:40am	3054	6:00-6:40pm	3080 3081	10:30-11:10am 11:15-11:55am	
ADULT/TEEN BEGINNING SWIMMER (Ages 13 & up)					3083	9:00-9:40am	
ADULT/TEEN SWIMMING REFINEMENT (Ages 13 & up)			3053	6:00-6:40pm			

• LESSON FEES DO NOT INCLUDE OPEN SWIM FEES •

SUMMER 2010

AQUATICS LESSONS - LILLEY GULCH RECREATION CENTER (303-409-2500)

SCHEDULES & FEES ARE SUBJECT TO CHANGE.



LILLEY GULCH POOL LESSON PROGRAM							
<p style="text-align: center;">These classes are progressive. Swimmers must show competency in skills before advancing to the next level.</p>	<p style="text-align: center;">MONDAY-FRIDAY SESS# 1: JUN 7-18 2: JUN 21-JUL 2 3: JUL 5-16 4: JUL 19-30 5: AUG 2-13 Fee: \$60 (District Rate: \$48) 2 weeks - 10 lessons</p>	<p style="text-align: center;">TUESDAY/THURSDAY SESS# 6: JUN 8-JUL 8 7: JUL 13-AUG 12 Fee: \$60 (District Rate: \$48) 5 weeks - 10 lessons</p>	<p style="text-align: center;">SATURDAY SESS# 8: JUN 5-JUL 3 9: JUL 10-AUG 7 Fee: \$30 (District Rate: \$24) 5 weeks - 5 lessons</p>				
ACTIVITY NAME	ACT#	TIME	ACT#	TIME	ACT#	TIME	
MOMMY/DADDY & ME (Ages 6 months-3 years)	5150	9:00-9:30am (Sess 1,3,5)			5192 5193	9:45-10:15am 10:30-11:00am	
LEVEL I	TINY TUNAS (Age 3 ONLY)	5152 5153	9:00-9:30am 10:30-11:00am	5180	4:00-4:30pm	5194 5195	9:00-9:30am 10:30-11:00am
	GOLDFISH (Ages 3-5)	5155 5156 5157	9:00-9:30am 9:45-10:15am 11:15-11:45am	5181 5182	4:00-4:30pm 4:45-5:15pm	5196 5197	9:00-9:30am 10:30-11:00am
	SEALS (Ages 6 & up)	5158	10:30-11:10am	5183	4:45-5:25pm	5198 5199	10:30-11:10am 11:15-11:55am
LEVEL II	ANGELFISH (Ages 4-5)	5159 5160 5161	9:00-9:30am (Sess 2,4) 9:45-10:15am 10:30-11:00am	5184 5185	4:00-4:30pm 4:45-5:15pm	5213 5200 5201	9:00-9:30am 9:45-10:15am 11:15-11:45am
	WHALES (Ages 6 & up)	5163 5164 5165	9:00-9:40am 9:45-10:25am 10:30-11:10am (Sess 1,3,5)	5186 5187	4:00-4:40pm 4:45-5:25pm	5202 5203	9:45-10:25am 11:15-11:55am
	STARFISH (Ages 4-5)	5168	11:15-11:45am	5188	4:45-5:15pm	5204	9:45-10:15am
LEVEL III	DOLPHINS (Ages 6 & up)	5169 5170 5171	9:45-10:25am 10:30-11:10am 11:15-11:55am	5189	4:00-4:40pm	5205 5206	10:30-11:10am 11:15-11:55am
	LEVEL IV - INTERMEDIATE SWIMMER (passed Dolphins)	5173 5172	9:45-10:25am 11:15-11:55am	5190	4:00-4:40pm	5208	9:45-10:25am
	Level V - ADVANCED SWIMMER (passed Level IV)	5175 5176	9:00-9:40am 10:30-11:10am (Sess 2,4)	5191	4:45-5:25pm	5209	9:00-9:40am
LEVEL VI - COMPETITIVE SWIMMER (passed Level V)	5178	11:15-11:55am			5210	11:15-11:55am	
ADULT/TEEN BEGINNING SWIMMER (13 years & older)					5212	9:00-9:40am	

• LESSON FEES DO NOT INCLUDE OPEN SWIM FEES •

SUMMER 2010

AQUATICS OUTDOOR POOLS SCHEDULES

SCHEDULES & FEES ARE SUBJECT TO CHANGE.



SUMMER PUBLIC SWIM INFORMATION MAY 29 – AUG 22, 2010*

- Outdoor pools will be closed for Open Swim when the air temperature is 65° or cooler.
- Outdoor pools will close when lightning or inclement weather is present.
- Re-opening of the outdoor facilities will be contingent upon the time of day and current weather conditions.
- An adult (18 or older) MUST accompany children in the wading pool area.
- An adult (18 or older) MUST accompany children ages 5 and under into the water.
- Admission wristbands MUST be worn at designated pool locations.
- No alcohol allowed at any time.
- No smoking inside fenced area.
- Adult Swim / Rest Breaks held 10 minutes before every hour.

* Columbine West & 6th Avenue West Pools will open SAT, JUN 5, 2010.

COLUMBINE WEST • 7046 S. WEBSTER STREET • LITTLETON • 303-978-9300

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
ADULT LAP SWIM <small>(Ages 18 & up)</small>	10:00-11:00am	11:30am-1:00pm ¹	11:30am-1:00pm ¹	11:30am-1:00pm ¹	11:30am-1:00pm ¹	11:30am-1:00pm ¹	10:00-11:00am
OPEN SWIM	11:00am-5:00pm	11:30am-5:00pm ²	11:30am-5:00pm ²	11:30am-5:00pm ²	11:30am-5:00pm ²	11:30am-5:00pm ²	11:00am-5:00pm
RENTALS**	5:00-8:00pm					5:00-8:00pm	5:00-8:00pm

DEER CREEK • 8637 S. GARRISON • LITTLETON • 720-981-8393

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
ADULT LAP SWIM <small>(Ages 18 & up)</small>	10:30am-Noon ¹	10:30am-Noon ¹ 5:30-6:30pm ¹	10:30am-Noon ¹ 5:30-6:30pm ¹	10:30am-Noon ¹	10:30am-Noon ¹ 5:30-6:30pm ¹	10:30am-Noon ¹	10:30am-Noon ¹
OPEN SWIM	10:30am-5:00pm ²	10:30am-6:30pm ²	10:30am-6:30pm ²	10:30am-6:30pm ²	10:30am-6:30pm ²	10:30am-5:00pm ²	10:30am-5:00pm ²
RENTALS**	5:00-8:00pm					5:00-8:00pm	5:00-8:00pm

6TH AVENUE WEST • 400 HOLMAN WAY • GOLDEN • 303-278-1000

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
ADULT LAP SWIM <small>(Ages 18 & up)</small>	11:00am-Noon	11:30am-1:00pm ¹	11:30am-1:00pm ¹ 4:00-5:00pm ¹	11:30am-1:00pm ¹	11:30am-1:00pm ¹ 4:00-5:00pm ¹	11:30am-1:00pm ¹	11:00am-Noon
OPEN SWIM	Noon-5:00pm	11:30am-5:00pm ²	11:30am-5:00pm ²	11:30am-5:00pm ²	11:30am-5:00pm ²	11:30am-5:00pm ²	Noon-5:00pm
RENTALS**	5:00-8:00pm						5:00-8:00pm

WEAVER HOLLOW • 12750 W. STANFORD • MORRISON • 720-981-3108

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
ADULT LAP SWIM <small>(Ages 18 & up)</small>	10:30am-Noon ¹	10:30am-Noon ¹ 5:30-6:30pm ¹	10:30am-Noon ¹ 5:30-6:30pm ¹	10:30am-Noon ¹	10:30am-Noon ¹ 5:30-6:30pm ¹	10:30am-Noon ¹	10:30am-Noon ¹
OPEN SWIM	10:30am-5:00pm ²	10:30am-6:30pm ²	10:30am-6:30pm ²	10:30am-6:30pm ²	10:30am-6:30pm ²	10:30am-5:00pm ²	10:30am-5:00pm ²
RENTALS**	5:00-8:00pm					5:00-8:00pm	5:00-8:00pm

¹ Three lanes available

² Not all areas of the pool are available

****RENTALS may be available during weekday evenings. Please check with the facility location of interest.**

SUMMER 2010

AQUATICS OUTDOOR POOLS - LESSON DATES & LOCATIONS



SCHEDULES & FEES ARE SUBJECT TO CHANGE.

OUTDOOR LESSON DATES • 2 WEEKS / 10 LESSONS

SESS #1: JUN 7 - 18	SESS #2: JUN 21 - JUL 2	SESS #3: JUL 5 - 16	SESS #4: JUL 19 - 30	SESS #5: AUG 2 - 13
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OUTDOOR POOL LESSON PROGRAM

		<u>COLUMBINE WEST</u>	<u>DEER CREEK</u>	<u>6TH AVENUE WEST</u>	<u>WEAVER HOLLOW</u>								
These classes are progressive. Swimmers must show competency in skills before advancing to the next level.		7046 S. Webster Street Littleton 303-978-9300 Fee: \$60 (District Rate: \$48)	8637 S. Garrison Littleton 720-981-8393 Fee: \$60 (District Rate: \$48)	400 Holman Way Golden 303-278-1000 Fee: \$60 (District Rate: \$48)	12750 W. Stanford Ave Morrison 720-981-3108 Fee: \$60 (District Rate: \$48)								
ACTIVITY NAME	ACT#	TIME	SESS	ACT#	TIME	SESS	ACT#	TIME	SESS				
MOMMY/DADDY & ME (Ages 6 months-3 years)	5250	10:30-11:00am	3		5100	9:45-10:15am	3						
I LEVEL	TINY TUNAS (Age 3 ONLY)	5252	10:30-11:00am	1 2 3 4 5	5001	9:45-10:15am	1 2 3 4 5	5101	9:45-10:15am	2 4	5051	9:45-10:15am	1 2 3 4 5
	GOLDFISH (Ages 3-5)	5255	9:45-10:15am	1 2 3 4 5	5007	9:00-9:30am	2 3 4	5103	9:45-10:15am	1 3	5052	9:00-9:30am	1 2 3 4 5
		5256	10:30-11:00am	1 2 3 4 5	5003	9:00-9:30am	1 2 3 4 5	5104	10:30-11:00am	5	5053	9:45-10:15am	1 2 3 4 5
				5002	9:45-10:15am	1 2 3 4 5							
	SEALS (Ages 6 & up)	5259	10:30-11:10am	1 4	5004	9:00-9:40am	1 5	5105	10:30-11:10am	1	5054	9:00-9:40am	1 5
II LEVEL	ANGELFISH (Ages 4-5 ONLY)	5262	9:45-10:15am	1 2 3 4 5	5005	9:00-9:30am	1 2 3 4 5	5106	9:45-10:15am	1 3 5	5055	9:00-9:30am	2 3 4
		5263	10:30-11:00am	1 2 3 4 5	5006	9:45-10:15am	1 2 3 4 5	5107	10:30-11:00am	2 4	5056	9:00-9:30am	1 2 3 4 5
											5057	9:45-10:15am	1 2 3 4 5
	WHALES (Ages 6 & up)	5266	10:30-11:10am	1 2 3 4 5	5010	9:00-9:40am	1 2 3 4 5	5108	10:30-11:10am	2 4	5059	9:00-9:40am	1 2 3 4 5
III LEVEL	STARFISH (Ages 4-5 ONLY)	5269	10:30-11:00am	2 5	5018	9:45-10:15am	1 2 3 4 5	5111	10:30-11:00am	3	5061	9:45-10:15am	1 2 3 4 5
	DOLPHINS (Ages 6 & up)	5271	9:45-10:25am	1 2 3 4 5	5013	9:00-9:40am	1 2 3 4 5	5112	10:30-11:10am	1 2 3 4 5	5063	9:00-9:40am	1 2 3 4 5
					5014	9:45-10:25am	1 2 3 4 5				5064	9:45-10:25am	1 2 3 4 5
	LEVEL IV - INTERMEDIATE SWIMMER (passed Dolphins)	5273	9:45-10:25am	1 2 3 4 5	5017	9:00-9:40am	1 2 3 4 5	5115	9:45-10:25am	1 2 4 5	5066	9:00-9:40am	1 2 3 4 5
					5016	9:45-10:25am	1 2 3 4 5				5067	9:45-10:25am	1 2 3 4 5
	LEVEL V - ADVANCED SWIMMER (passed Level IV)	5278	9:45-10:25am	1 2 3 4 5				5119	10:30-11:10am	1 3			
	LEVEL VI - COMPETITIVE SWIMMER (passed Level V)	5281	9:45-10:25am	1 2 3 4 5				5120	9:45-10:25am	2 4 5			

• LESSON FEES DO NOT INCLUDE OPEN SWIM FEES •

SUMMER 2010



AQUATICS

- SPECIALIZED CLASSES, TRAINING, CLINICS
- CARA SCHEDULES

SCHEDULES & FEES ARE SUBJECT TO CHANGE.

AQUATICS — SPECIALIZED CLASSES, TRAINING, CLINICS

- **ADAPTIVE SWIM** — FEE: \$30 (DISTRICT RATE: \$24)
303-409-2333 • Ridge Recreation Center
3089-1 JUL 10 – AUG 7 SAT: 9:30 - 10:30am
- **LIFEGUARD TRAINING** — FEE: \$210 (DISTRICT RATE: \$160)
303-409-2500 • Lilley Gulch Recreation Center
3084-1 JUN 1 – 4 TUE-FRI: 3 - 8 p.m.
JUN 5 & 6 SAT/SUN: 9 a.m. - 5 p.m.
- **TRIATHLON — OPEN WATER CLINICS** — FEE: \$30 (DISTRICT RATE: \$25)
730-373-7694 • Chatfield Gravel Ponds
BEGINNER CLINIC
3096-1 JUN 12 SAT: 7:30 - 9:00 a.m.
INTERMEDIATE/ADVANCED CLINIC
3096-2 JUL 10 SAT: 7:30 - 9:00 a.m.

AQUATICS — CARA SCHEDULES

PRACTICES ARE HELD AT THE FOLLOWING LOCATIONS:

- **LILLEY GULCH POOL**
303-409-2500 • 6147 S. Holland Way (Kipling and Bowles) Littleton
5249-1 JUN 7 – JUL 31 MON-FRI: 7 - 8 a.m.
- **RIDGE RECREATION CENTER POOL**
303-409-2333 • 6613 S Ward Street (Ward Street & Simms) Littleton
3090-1 JUN 7 – JUL 31 MON-FRI: 4:30 - 5:30 p.m.
- **WEAVER HOLLOW POOL**
303-981-3108 • 12750 W. Stanford Avenue, Morrison
5070-1 JUN 7 – JUL 31 MON-FRI: 7:15 - 8:15 a.m.

FEE: \$200 (District Rate: \$165)