

CLIMBING WALL ADULT/YOUTH

CLIMBING AT RIDGE RECREATION CENTER

Belay on! With state-of-the art equipment and trained staff, your indoor climbing experience will be like no other.

WAIVERS

Signed Waivers are required for all participants prior to using the Climbing Wall. If participant is under 18 years of age, a parent or legal guardian **MUST** sign the Waiver – **NO EXCEPTIONS.**

ORIENTATION REQUIREMENTS

- **GROUP RENTALS & BIRTHDAY PARTIES:** General Orientation is INCLUDED.
 - **CLIMBING CLASSES:** General Orientation is INCLUDED.
 - **CLIMBING CLUBS & OPEN CLIMBING ACTIVITIES:** Participants are required to have a valid Foothills Climbing Wall Certification (valid for 1 year) or attend a Foothills Climbing Wall Orientation to earn the Certification.
- FEE: \$7 (District Rate: \$5) Please call 303-409-2114 for Orientation Schedule, or visit www.ifoohills.org.**

PRIVATE GROUP RENTALS

PRIVATE GROUPS

Ages 3 & up

Any group of interested climbers can reserve the wall in advance for their group to enjoy and our trained and experienced Rock Wall Staff will show you the ropes! Learn the basics to get the most from indoor climbing while having fun.

- Fee: 1-10 Climbers \$50/hour includes 1 Wall Attendant**
11-15 Climbers \$65/hour includes 2 Wall Attendants
15-30 Climbers \$80/hour includes 3 Wall Attendants

Call 303-409-2114 for larger groups and after-hour rentals.

CLIMBING WALL CLASSES

BUILDING BLOCKS TO BOULDERING Ages 3-5

They have been climbing on couches and counters – now it's time for the Rock Wall!

Fee: \$36 (District Rate: \$30)

PARENT/CHILD

Ages 6-11 w/1 Adult

Parent/Child Climbing classes are designed for one child/parent teams that focus on climbing techniques and enables quality time with each other. Please, only register the child for these classes and only one parent in attendance during the class.

Fee: \$70 (District Rate: \$60) 4 weeks

LEARN TO CLIMB

Ages 6 & up

Learn the essential skills and techniques needed to begin rock climbing. Our trained staff will provide instruction and guidance in a safe, comfortable environment. Wear loose comfortable clothing. Classes are held for each age group below:

Adult/Teen (Ages 16 & up) • Youth (Ages 6-15)

Fee: \$65 (District Rate: \$50)

ONWARD & UPWARD

CLIMBING CHALLENGE - AGES 6 & UP!

SAT, SEP 12 • 10:00am - 2:00pm
Ridge Recreation Center

Fun events to challenge your speed, strength and technique. Climbing Clubs welcome!

FEE per person: \$25 (District Rate: \$20)

Register for #6878-1

Call 303-409-2114 for details.

ENRICHMENT OPPORTUNITIES

OPEN CLIMBING (UNSUPERVISED) Ages 16 & up

Come in on your own and make the most of our 45-foot wall! **REQUIREMENT:** Participants **MUST** be ages 16 & up with a valid 2009 Foothills Belay Certification to participate in Open Climbing. Belay Certification is earned following successful completion of a Foothills Climbing Wall Orientation. (See above details regarding Orientations.)

OPEN CLIMBING HOURS: TUE/THU 6:00 – 8:00pm

Fee: \$7.25 (District Rate: \$5.25) Facility Admission fee NOT included

CLIFF HANGERS CLIMBING CLUB Ages 6-15

Reach new heights through this club! Participants will build strength and fitness, enhance self-confidence, develop team-building skills, and climb during open supervised times while building friendships with fellow club members.

MONDAYS: Ages 6 – 9 4:15-5:30pm
Ages 10-15 5:30-6:45pm

SATURDAYS: Ages 6-15 9:00-10:00am

Fee: \$30 (District Rate: \$25) monthly

CLIMBING BOOT CAMPS

Ages 6 & up

Kick off your climbing experience this Fall! Camps will focus on strength training (specific to climbing), improving climbing techniques and mastering mental calmness for climbs.

AUG 24 – SEP 2: BILLIE GOATS – MON/WED
(Ages 6-9) 4:00-5:15pm

AUG 24 – SEP 2: MOUNTAIN GOATS – MON/WED
(Ages 10-15) 5:30-7:00pm

AUG 25 – SEP 3: BIG HORNS – TUE/THU
(Ages 16 & up) 6:30-8:00pm

Fee: \$75 (District Rate: \$65) includes 50th Anniversary T-Shirt

Be sure to check www.ifoohills.org for additional Camps!

**WORKING ON A MERIT BADGE FOR BOY SCOUTS,
GIRL SCOUTS OR LEADERSHIP TRAINING ACTIVITIES?
Call 303-409-2114 for more information.**

CLIMBING WALL BIRTHDAY PARTIES

• **AGES 3+**

Our indoor climbing wall is a safe and exciting adventure! An hour of climbing wall activities, followed by an hour of cake, ice cream and punch. Reservations must be made a minimum of ten days in advance (\$50 deposit is required). Call 303-409-2114 for more information.

1-10 people: \$140

11-15 people: \$155

