

HOBBIES – LANGUAGE & SPECIAL TRAINING ADULT/TEEN/YOUTH

LANGUAGE

AMERICAN SIGN LANGUAGE – BEGINNING

Ages 14 & up

Discover the universal way to speak with your hands, facial expressions, and body language. This is a great class for visual/kinesthetic learners. Curriculum includes American Sign Language. Instructor will recommend purchase of book at the first class.

INSTRUCTOR: Karen Chernoff

Fee: \$72 (District Rate: \$60) 6 weeks

AMERICAN SIGN LANGUAGE – CONTINUING

Ages 14 & up

Become more fluent speaking with your hands, facial expressions, and body language in this continuing class. Signing enhances your personal and professional life. This is a great class for visual/kinesthetic learners. Curriculum includes American Sign Language.

INSTRUCTOR: Karen Chernoff

Fee: \$72 (District Rate: \$60) 6 weeks

HOLIDAY CAROLING IN SIGN

Ages 14 & up

All levels are welcome! Participants will perform holiday caroling in sign at a local mall as part of this class. Requests are welcome so bring your favorite carols and music to the first class.

INSTRUCTOR: Karen Chernoff

Fee: \$82 (District Rate: \$70) 7 weeks

CONVERSATIONAL SPANISH I

Ages 13 & up

This beginning course will introduce you to the basics of Spanish pronunciation, vocabulary, idiomatic expressions and grammar, using conversational style. Class is taught using conversational style. Everyday lively dialogues will enable you to communicate in Spanish from the very first class! A material fee of \$10 is payable to the instructor at the first class.

INSTRUCTOR: Maria Bansch

Fee: \$74 (District Rate: \$62) 5 weeks

CONVERSATIONAL SPANISH II

Ages 13 & up

A continuation of Conversational Spanish I. Increase your vocabulary and move on to practicing Spanish in a range of new real-life situations. A material fee of \$10 is payable to the instructor at the first class.

INSTRUCTOR: Maria Bansch

Fee: \$74 (District Rate: \$62) 5 weeks

LOOKING FOR CLASS SCHEDULES?
Please pick them up at our facilities
OR visit www.ifoohills.org.

SPECIAL TRAINING CLASSES

BABYSITTER TRAINING – YOUTH

BABYSITTER TRAINING CLASSES Ages 11 & up

REQUIREMENT: You MUST be 11 years of age or older to take this class. This class will teach you the skills you need to be a confident and responsible babysitter. Participants will practice First Aid/CPR skills; however, participants will not be certified. Participants will also learn about developmental stages, feeding, diapering and emotional aspects such as separation anxiety. **Participants will receive a Babysitter Certification. Lunch will NOT be served – please bring a sack lunch. For more information, call 303-409-2131.**

LEADERSHIP DEVELOPMENT – YOUTH

RISING STARS

Grades 6–8 & 9–12

This program helps middle and high school students to refine their personal leadership skills and learn how to set goals to achieve their dreams. Participants discover that leadership is essential in developing character, confidence, responsibility and values that promote personal achievement. Program includes text, CDs, workbook and 35+ hours of life enriching activities. Please visit www.ifoohills.org for more information or call 303-409-2510.

Fee: \$415 (District Rate: \$375) 10 sessions: 3½ – 4 hours each

Two separate classes:

Middle School (Grades 6 – 8) • High School (Grades 9 – 12)

Class schedules are available at our facilities and online at www.ifoohills.org.

FINANCIAL PLANNING

Financial Planning Workshops and classes will be available throughout the year. Classes are taught by a licensed financial advisor. Please check the website at www.ifoohills.org for class descriptions, dates and times.

GARDENING

GARDENING CLASSES (BEGINS JAN 2010)

Ages 16 & up

Gardening classes are offered from January through April in cooperation with Jared's Nursery & Garden Center. A variety of subjects are available including: perennials, organic gardening, lawns, roses, container gardening, vegetables and herbs, and many more! All classes are held at Jared's Nursery and Garden Center, 10500 West Bowles Avenue, Littleton. Please check our website at www.ifoohills.org for class descriptions and times.

Fee: \$11 (District Rate: \$8) 1 class

LEISURE & LEARNING – ADULT

BEGINNING BRIDGE (FALL)

Ages 18 & up

This class is for the absolute beginning bridge player and you will play a bridge hand the very first lesson! Learn the Standard American Bidding System – the most popular system around and have fun doing it!

Fee: \$67 (District Rate: \$55) 10 weeks

ADVANCED BEGINNER BRIDGE (BEGINS JAN 2010)

Ages 18 & up

This 10-week class is for all levels of bridge players. Included in the basics of bidding are weak 2-bids and strong artificial 2-club openings with appropriate responses. Learn how to declare and defend and how to be more successful at both. Learn to play better bridge and enjoy the game. Weekly handouts are included.

Fee: \$67 (District Rate: \$55) 10 weeks

PLAY OF THE HAND BRIDGE (BEGINS APR 2010)

Ages 18 & up

This class focuses on declarer's play. Learn methods of developing tricks, eliminating losers and planning your play. Each lesson has a review of a bidding principle and a guideline for the defense. Some knowledge of basic bridge is needed. Weekly handouts are included.

Fee: \$67 (District Rate: \$55) 10 weeks