

# SPECIAL INTERESTS ADULT/TEEN/YOUTH

INFORMATION (303-409-2612)

## BRIDGE – ADULT

### BEGINNING BRIDGE

Ages 18 & up

This 10-week class is designed for the beginning bridge player, and you will play a bridge hand in the first class. Learn the updated version of the Standard American Bidding System and have fun at the same time!

Fee: \$67 (District Rate: \$55) 10 weeks

### ADVANCED BEGINNER BRIDGE

Ages 18 & up

This 10-week class is designed for all levels of bridge players and features the Standard American Bidding System. You will be a declarer and a defender with helpful hints to become more successful at both. Learn to play better bridge and enjoy the most entertaining card game around!

Fee: \$67 (District Rate: \$55) 10 weeks

## FIRST AID – ADULT



### FIRST AID, CPR & AED (AMERICAN RED CROSS)

Ages 14 & up

This certification class covers the basics of First Aid, CPR and AED for adults, children and infants – including hands-on training, support, materials and DVD demonstrations. Study materials and certifications are included in the cost of this class.

Fee: \$63 (District Rate: \$50) One 6-hr Class

## PET FIRST AID – ADULT/YOUTH

### PET FIRST AID (AMERICAN RED CROSS)

Ages 11 & up

Your cat or dog depends on you for its well-being and depends on you in the event of an emergency. You will learn to administer medications, recognize an emergency, perform CPR and First Aid and treat common problems and emergencies requiring immediate attention. Class fee includes certifications and books upon completion of class. Must indicate either Dog or Cat when registering for class.

Fee: \$63 (District Rate: \$50) One 4-hr Class



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For more information  
on SCFD, visit [www.scfid.org](http://www.scfid.org)

**EXCURSIONS:**  
**SENIOR ADULTS – PAGE 41**  
**TEEN/PRE-TEEN – PAGE 47**

## LANGUAGE – ADULT/TEEN/YOUTH

### AMERICAN SIGN LANGUAGE – BEGINNING

Ages 14 & up

Discover the universal way to speak with your hands, facial expressions, and body language. This is a great class for visual/kinesthetic learners. Curriculum includes American Sign Language. Instructor will recommend purchase of book at the first class.

INSTRUCTOR: Karen Chernoff

Fee: \$72 (District Rate: \$60) 6 weeks

### HOLIDAY CAROLING IN SIGN

Ages 14 & up

All levels are welcome! Participants will perform holiday caroling in sign at a local mall as part of this class. Requests are welcome so bring your favorite carols and music to the first class.

INSTRUCTOR: Karen Chernoff

Fee: \$82 (District Rate: \$70) 7 weeks

## BABYSITTER TRAINING – YOUTH

### BABYSITTER TRAINING CLASSES Ages 11 - 16 TAUGHT BY HANDS FOR HEARTS INSTRUCTOR

**REQUIREMENT: You MUST be 11 years of age or older to take this class.** This class is designed to teach sitters how to be responsible for the safety and well being of children in their care and includes what to ask parents before they leave, taming of tots, when a stranger knocks, feeding the children, diapering, infant care, sleepy time, starting your business, First Aid skills and CPR/AED. This is a certification class in CPR/AED and Babysitting (CABS). **Students will be certified in CPR and will receive a Babysitter Certificate.**

Fee: \$84 (District Rate: \$67)

### BABYSITTER TRAINING CLASSES Ages 11 - 16 TAUGHT BY HEARTSMART INSTRUCTOR

**REQUIREMENT: You MUST be 11 years of age or older to take this class.** This class will teach youth the skills needed to be a confident and responsible babysitter. Students will also learn about developmental stages, feeding, diapering and emotional aspects such as separation anxiety. Students will practice First Aid/CPR skills; however, students **will not** be certified. **Students will receive a Babysitter Certificate.**

Fee: \$67 (District Rate: \$54)

## DROP-IN CHILD CARE AT PEAK COMMUNITY & WELLNESS CENTER FOR AGES 6 MONTHS - 8 YEARS

Drop-in Child Care is available (2 hr maximum per day per child) while parents participate in these Special Interests classes and other classes at the Ridge Recreation Center, Peak Community & Wellness Center and Edge Ice Arena – subject to space availability.

Fee: \$3.50/hr (District Rate: \$2.50/hr) per child  
Punch Cards are available for a discounted rate.

Details: 303-409-2100.

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