



Foothills Flairs News



AUGUST 2019

REGISTRATION

Payment for session July 22 – August 16 is due the week of July 22. We are no longer able to place balances on your account. If you have not paid by the 2nd week, you will receive a phone call to collect payment. If payment is not received, we can't allow your child to practice until the payment is made. We do understand that payments are easy to forget, so we will send out email reminders the first week, and will call the 2nd week.

RETURN TO REGULAR PRACTICE HOURS FOR OPTIONALS

Beginning August 12 –

Optionals will resume their fall practice hours:

MON/WED 4 -7 p.m.

Compulsory days and times will remain the same:

Compulsory 3, TUE/THU 4 - 6 p.m., and

Compulsory 4, TUE/THU 6 - 8 p.m.

Friday practice remains the same 4 - 6 p.m.

BANQUET

Mark your calendars for Saturday, August 17, 2019 for our team banquet. We will be celebrating all the accomplishments of our gymnasts and their competitive season. The banquet will be held at Lilley Gulch at 6:30 p.m. We will be meeting in the park right behind Lilley Gulch Recreation Center. The front doors will be locked at that time, so please walk around to the back of the building, and you will see the park by the tennis courts. If the weather is bad, we will go inside to the gym. Families are asked to bring a food item to share with 4-6 people. Bring your favorite treat, healthy or sweet. The booster club will provide paper products and drinks. We will be playing in the park and playing gymnastics games that include the whole family, so wear your tumbling clothes! The awards portion will begin around 7:15 p.m. We will have a sleepover for team members ONLY following the awards ceremony. Please have team members bring a sleeping bag, pillow, clothes to clean out pit, leotard to play in, a treat to share, and a ton of energy to tumble the night away.

Team members should be picked up Sunday morning, August 18, at 7:30 a.m. The doors will not be opened until 7:30 a.m, but please be on time to pick up your children as we have to clean up and get ready for classes.

INFO ON PIT CLEAN-OUT AUGUST 17

The Foothills Flairs gymnastics team is responsible for helping us clean out the pit each year. We will do this after the banquet has concluded and after family members leave. We try to make it as fun as possible for everyone. We will clean out the pit, eat treats and play in the gym. As most of you know, cleaning out the pit can be pretty dusty. The more people we have helping out, the less time needed to be in the pit. To encourage everyone to participate, we will be holding a raffle. For each child that participates, they will be entered in a drawing to win one free month of team practice. To be entered, your child needs to help clean out the pit, not just participate in the other activities. We are aware of asthma and allergies and we understand that not every child can help. They are still invited to attend the sleepover, they just won't be entered in the drawing. For those kids that do help, we will be rotating in and out of the pit every 10 minutes to reduce the amount of exposure to dust. Please have them bring goggles (or protective eyewear), a mask that covers their mouth and nose, and old clothes. If everyone helps, the pit can be cleaned out in 15-20 minutes. Thanks everyone!

ANNUAL SHUTDOWN

The gymnastics center will be closed the week of August 19-25 for annual maintenance. Practice will resume on August 26.

FALL PRACTICE

During the fall, team members will be working towards learning skills for their next level. Compulsories will have try-outs in December, so please try and make as many practices as you can so you don't fall behind.