

AQUATICS Pool Schedules

Schedules are subject to change.

All areas of the pool NOT available for each activity.

RIDGE Recreation Center (303-409-2333)

★ Modified Hours MON, SEP 2: 7 a.m. – 5 p.m. (pools close at 4:30 p.m.)

**AUG 31
– SEP 30,
2019**

Ridge Activity Pool • 86° – 89°							
	SUN	MON ★	TUE	WED	THU	FRI	SAT
Open Swim ♥ Jeffco No School Day	10am-5:30pm	9-10:30am ¹ 3-9pm ★ SEP 2: 10:30am-4:30pm	9-10:30am ¹ 3-9pm	9-10:30am ¹ 3-9pm	3-9pm	9-10:30am ¹ 3-9pm ♥ SEP 20: 10:30am-9pm	Noon-5:30pm
Water Walking		7-10:30am Current Channel	7-10:30am Current Channel	7-10:30am Current Channel		7-10:30am Current Channel	

¹ Water play feature will be turned ON – Yellow water slide will be turned OFF.

Ridge Lap Pool • 81° – 83°							
	SUN	MON ★	TUE	WED	THU	FRI	SAT
Lap Swim	11am-5:30pm	5:30am-4:30pm* 7-9pm*	5:30am-4:30pm* 7-9pm*	5:30am-4:30pm* 7-9pm*	5:30am-4:30pm* 7-9pm*	5:30am-4:30pm* 7-9pm	9am-5:30pm*
Open Swim Area /Diving Boards	1-5:30pm	11:30am-3pm** 8-9pm	11:30am-3pm** 7:30-9pm	11:30am-3pm** 8-9pm	11:30am-3pm** 7:30-9pm	11:30am-3pm** 4:30-9pm**	1-5:30pm
Fitness		8:35-9:30am Splash Aerobics	8:35-9:30am 7:05-8pm Splash Aerobics	8:35-9:30am Splash Aerobics	8:35-9:30am 7:05-8pm Splash Aerobics		
Masters	9-11am	5:30-7am 10-11:30am ¹	5:30-7am	5:30-7am	5:30-7am	5:30-7am 10-11:30am ¹	7:30-9am

*A minimum of 2 lap lanes will be available. Additional lanes will be available upon program needs throughout the day.
 **Diving Boards are available upon request and are subject to availability.
¹ Begins SEP 16

Ridge Therapy Pool* • 91° – 94°							
*NOTE: Therapy Pool Use is ONLY for those with Therapeutic Needs & Scheduled Classes.							
	SUN	MON ★	TUE	WED	THU	FRI	SAT
Open Therapy / Water Walking	10am-5:30pm	7-10:30am 11:30am-1pm 2-5:15pm 5:45-9pm	11am-1pm 2-9pm	7-10:30am 11:30am-1pm 2-5:15pm 7-9pm	7-10am 11am-1pm 2-9pm	7-10am 11am-1pm 2-9pm	11am-5:30pm
Fitness			10-11am Poolates	10:30-11:30am 6-7pm Poolates	10-11am Poolates	10:05-11am Arthritis Aquatics	
		1-2pm Moving for Life	1-2pm Moving for Life	1-2pm Moving for Life	1-2pm Moving for Life	1-2pm Moving for Life	

LILLEY GULCH Recreation Center (303-409-2500)

★ Closed on Labor Day: MON, SEP 2

**AUG 31
– SEP 30,
2019**

Lilley Gulch Pool • 84° – 86°							
	SUN	MON ★	TUE	WED	THU	FRI	SAT
Lap Swim	10:30am-3pm	8:30-9:30am ² 4-5:30pm 7-8pm	4-5:30pm 7-8pm	8:30-9:30am ² 4-5:30pm 7-8pm	4-5:30pm 7-8pm	8:30-9:30am ² 7-8pm	Noon-3pm
Open Swim Area /Diving Boards	10:30am-3pm	7-8pm	7-8pm	7-8pm	7-8pm	7-8pm	Noon-3pm
Parent/Child Open Swim (2½ ft water ONLY)	10:30am-3pm ¹	4-8pm ¹	4-8pm ¹	4-8pm ¹	4-8pm ¹	4:30-8pm ¹	Noon-3pm ¹
Fitness		8:30-9:30am Splash Aerobics		8:30-9:30am Splash Aerobics		8:30-9:30am Splash Aerobics 1:05-2pm Deep Water	

¹ 2½ ft. section available to parents with children ages five and under. Parents MUST accompany child into the water.
² 1 lane available – share with Splash Aerobics.