

# AQUATICS Pool Schedules

Schedules are subject to change.

All areas of the pool NOT available for each activity.

**AUG 16  
- OCT 31  
2021**

## RIDGE Recreation Center (303-409-2333)

**MODIFIED HOURS: MON, SEP 6 • Ridge open 7 a.m. – 5 p.m. (Pools close at 4:30 p.m.)**

Ridge Activity Pool • 86° - 89°							
	SUN	MON	TUE	WED	THU	FRI	SAT
Open Swim	11am-4:30pm	4-7:30pm <sup>1</sup>	4-7:30pm <sup>1</sup>	4-7:30pm <sup>1</sup>	4-7:30pm <sup>1</sup>	4-7:30pm	11am-4:30pm
Play Time		8-10am <sup>2</sup> Playscape area	8-10am <sup>2</sup> Playscape area	8-10am <sup>2</sup> Playscape area	8-10am <sup>2</sup> Playscape area	8-10am <sup>2</sup> Playscape area	
Water Walking		8-10am Current Channel	8-10am Current Channel	8-10am Current Channel	8-10am Current Channel	8-10am Current Channel	

<sup>1</sup> Yellow water slide will be turned OFF.  
<sup>2</sup> Playscape area only: Zero depth entry – 3-ft depth (excludes Current Channel).

Ridge Lap Pool • 81° - 83°							
	SUN	MON	TUE	WED	THU	FRI	SAT
Lap Swim	9am-3:45pm**	6am-4:30pm** 6:30-7:30pm**	6am-4:30pm** 6:30-7:30pm**	6am-4:30pm** 6:30-7:30pm**	6am-4:30pm** 6:30-7:30pm**	6am-4:30pm** 6:30-7:30pm**	9am-3:45pm**
Open Swim Area / Diving Boards	Noon-3:45pm	11:30am-3:30pm***	11:30am-3:30pm***	11:30am-3:30pm***	11:30am-3:30pm***	11:30am-3:30pm***	Noon-3:45pm
Fitness		8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	
Masters	7-8:30am <sup>2</sup>	6-7:30am 10-11:30am <sup>1</sup>	6-7:30am	6-7:30am 10-11:30am <sup>1</sup>	6-7:30am	6-7:30am 10-11:30am <sup>1</sup>	

\*\*A minimum of 3 lap lanes will be available. Additional lanes will be available upon program needs throughout the day.  
\*\*\*Diving Boards are available upon request and are subject to availability.  
<sup>1</sup> Begins SEP 8  
<sup>2</sup> Begins SEP 12

Ridge Therapy Pool* • 91° - 94°							
*NOTE: Therapy Pool Use is ONLY for those with Therapeutic Needs & Scheduled Classes.							
	SUN	MON	TUE	WED	THU	FRI	SAT
Open Therapy / Water Walking	9:30am-3:45pm	8-11:45am 2:30-5:15pm 5:45-7:30pm	8-11:45am 2:30-6:15pm	8-11:45am 2:30-5:15pm 5:45-7:30pm	8-11:45am 2:30-6:15pm	8-11:45am 2:30-7:30pm	9:30-10:30am 11-3:45pm
Fitness		Noon-1pm 1:15-2:15pm Moving for Life	Noon-1pm 1:15-2:15pm 6:30-7:30pm Poolates	Noon-1pm 1:15-2:15pm Moving for Life	Noon-1pm 1:15-2:15pm 6:30-7:30pm Poolates	Noon-1pm 1:15-2:15pm Moving for Life	

## LILLEY GULCH Recreation Center (303-409-2500)

**CLOSED: MON, SEP 6**

**AUG 23  
- OCT 31  
2021**

Lilley Gulch Pool • 84° - 86°							
	SUN	MON	TUE	WED	THU	FRI	SAT
Lap Swim	9-10:30am (3 lanes)	3:30-4:30pm (6 lanes)	3:30-4:30pm (6 lanes)	3:30-4:30pm (6 lanes)	3:30-4:30pm (6 lanes)	3:30-4:30pm (6 lanes)	9-10:30am (3 lanes)
Open Swim Area / Diving Boards	10:30-11:30am						10:30-11:30am

# LIFEGUARDS NEEDED

**YOU can be a Lifeguard.** We'll certify or re-certify you!

**Currently certified?** Submit an application online at: [www.foothills.org/jobs](http://www.foothills.org/jobs)

**Staff benefits include:**

FREE Facility Use • Great Training • Flexible Schedules • Fun Staff Events • Great Rates for Golf & Classes • Get Paid!

To be placed on the interest list for Lifeguarding Classes at Foothills, visit [www.foothills.org/lifeguard-info](http://www.foothills.org/lifeguard-info)

