











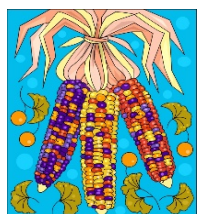






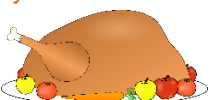









Foothills Children's Program All Day Preschool Program at Lilley Gulch November 2021 Family Activity Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Science Grow crystals, check out Pinterest for recipes. Mindfulness 	2 Sensory: Make a sensory tub. Use rice, beans or popcorn with measuring scoops and containers. Graphic Practice 	3 Self Help: Practice buttoning and zipping. Buddy Reading 	4 Math Count all the shoes in the house. How many singles? How many pairs? Gymnastics 	5 Gross Motor: Make an obstacle course inside. Cosmic Yoga 
	8 Fine Motor: Practice cutting paper, playdoh & straws. Butter Braid Forms Due Mindfulness 	9 Drawing Draw your family. Graphic Practice 	10 Math: Measure the height of everyone in your family. Buddy Reading 	11 Literacy: Go to a used bookstore, find a new book and read it together. Gymnastics 	12 Gross Motor: Play bounce and catch with a large ball. Cosmic Yoga 
	15 Gross Motor: Play flashlight tag. Mindfulness 	16 Parent/Teacher Conferences w/Cindy Math: Set the table. Graphic Practice 	17 Parent/Teacher Conferences w/Cindy Butter Braid Delivery- 5:30 sharp Buddy Reading 	18 Parent/Teacher Conferences w/Emily Build an indoor tent with blankets & chairs. Gymnastics 	19 Parent Teacher Conferences w/Emily Music: Sing; The Wheels on the Bus together. Cosmic Yoga 
	22 Classroom Feast Only send snacks today  Mindfulness 	23 Music: Learn a Thanksgiving finger play. Graphic Practice 	24 Literacy: Write & decorate name cards for Thanksgiving. Buddy reading 	25 Closed 	26 Closed 
	29 Fine Motor: Play with playdoh. Roll, pat, pound and poke. Mindfulness 	30 Math: Count backwards together. Graphic Practice 