

AQUATICS Pool Schedules

Schedules are subject to change.

All areas of the pool NOT available for each activity.

RIDGE Recreation Center (303-409-2333)

★★CLOSED: THU, NOV 25



Ridge Activity Pool • 86°- 89°										
	SUN	MON	TUE	WED	THU ☆☆	FRI	SAT			
Open Swim★	11am-4:30pm	4-7:30pm¹★	4-7:30pm¹★	4-7:30pm¹ ★	4-7:30pm ¹	4-7:30pm★	11am-4:30pm			
Play Time		8-10am ² Playscape area								
Water Walking		8-10am Current Channel								

Opens at 10 a.m.on Jeffco Thanksgiving Break (NOV 22, 23, 24, 26)

Yellow water slide will be turned OFF.

Playscape area only: Zero depth entry – 3-ft depth (excludes Current Channel).

Ridge Lap Pool • 81°- 83°										
	SUN ♦	MON	TUE	WED	THU☆☆	FRI	SAT			
Lap Swim (see note below) Open Swim Area	9am-3:45pm**	6am-3pm**1 3-4:30pm* 6:30-8:30pm*	6am-3pm**1 3-4:30pm* 6:30-8:30pm*	6am-3pm** ¹ 3-4:30pm* 6:30-8:30pm*	6am-3pm** ¹ 3-4:30pm* 6:30-8:30pm*	6am-3pm** ¹ 4:30-7pm** 7-8:30pm*	9am-3:45pm**			
/Diving Boards	Noon-3:45pm	11:30am-3pm***	11:30am-3pm***	11:30am-3pm***	11:30am-3pm***	11:30am-3pm***	Noon-3:45pm			
Fitness		8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics				
Masters	7:30-9am	6-7:30am 10-11:30am	6-7:30am	6-7:30am 10-11:30am	6-7:30am	6-7:30am 10-11:30am				

^{*} Only 1 lap lane available.

Ridge Therapy Pool* • 91° - 94°

"NOTE: Therapy Pool Use is ONLY for those with Theraputic Needs & Scheduled Classes.									
	SUN	MON	TUE	WED	THU ☆☆	FRI	SAT		
Open Therapy / Water Walking	9:30am-3:45pm	8-11:45am 2:30-5:15pm 5:45-7:30pm	8-11:45am 2:30-6:15pm	8-11:45am 2:30-5:15pm 5:45-7:30pm	8-11:45am 2:30-6:15pm	8-11:45am 2:30-7:30pm	9:30-10:30am 11-3:45pm		
Fitness		Noon-1pm 1:15-2:15pm Moving for Life	Noon-1pm 1:15-2:15pm 6:30-7:30pm Poolates	Noon-1pm 1:15-2:15pm Moving for Life	Noon-1pm 1:15-2:15pm 6:30-7:30pm Poolates	Noon-1pm 1:15-2:15pm Moving for Life			

LILLEY GULCH Recreation Center (303-409-2500)

★★CLOSED: THU, NOV 25 & FRI, NOV 26

*	SAT				
pm s)	9-10:30am (3 lanes)				

Lilley Gulch Pool • 84ˇ- 86ˇ									
	SUN	MON	TUE	WED	THU★★	FRI★★	SAT		
Lap Swim	9-10:30am (3 lanes)	4:30-5:30pm (2 lanes)	9-10:30am (3 lanes)						
Open Swim Area /Diving Boards	10:30-11:30am						10:30-11:30am		

LIFEGUARDS NEEDED

YOU can be a Lifeguard. We'll certify or re-certify you!

Currently certified? Submit an application online at: www.ifoothills.org/jobs



Staff benefits include:

FREE Facility Use • Great Training • Flexible Schedules • Fun Staff Events • Great Rates for Golf & Classes • Get Paid! To be placed on the interest list for Lifequarding Classes at Foothills, visit www.ifoothills.org/lifequard-info

Date issued: OCT 25, 2021

^{**} A minimum of 3 lap lanes will be available. Addtional lanes will be available upon program needs throughout the day.

^{***} Diving Boards are available upon request and are subject to availability.

¹ NOV 1 – 12: Lap Swim open until 4:30pm

SUN, NOV 7: Delayed opening at 1pm due to swim meet

SUN, NOV 14: Delayed opening at Noon due to swim meet