

AQUATICS Pool Schedules

Schedules are subject to change. All areas of the pool NOT available for each activity.

**APR 1 –
MAY 27,
2022**

RIDGE Recreation Center (303-409-2333)

CLOSED: SUN, APR 17

Ridge Activity Pool • 86° - 89°							
	SUN	MON	TUE	WED	THU	FRI	SAT
Open Swim★	Noon-4:30pm	4-7:30pm ¹	4-7:30pm ¹	4-7:30pm ¹	4-7:30pm ¹	4-7:30pm★	Noon-4:30pm
Play Time		8-10am ² Playscape area	8-10am ² Playscape area	8-10am ² Playscape area	8-10am ² Playscape area	8-10am ² Playscape area	
Water Walking		8-10am ³ Current Channel	8-10am ³ Current Channel	8-10am ³ Current Channel	8-10am ³ Current Channel	8-10am ³ Current Channel	

★ Opens 10am – 7:30 pm on Jeffco No School Day: FRI, APR 22
¹ Yellow water slide will be turned OFF.
² Playscape area only: Zero depth entry – 3-ft depth (excludes Current Channel).
³ Against the current: 8-8:30am / 9-9:30am • With the current: 8:30-9am / 9:30-10am

Ridge Lap Pool • 81° - 83°							
	SUN	MON	TUE	WED	THU	FRI ♦	SAT ♦
Lap Swim (see note below)	9am-3:30pm**	6am-3pm** 3-4:30pm* 6:30-8:30pm*	6am-3pm** 3-4:30pm* 6:30-8:30pm*	6am-3pm** 3-4:30pm* 6:30-8:30pm*	6am-3pm** 3-4:30pm* 6:30-8:30pm*	6am-3pm** 4:30-7pm** 7-8:30pm*	9am-3:45pm**
Open Swim Area/ Diving Boards	Noon-3:30pm	Noon-3pm***	Noon-3pm***	Noon-3pm***	Noon-3pm***	Noon-3pm***	Noon-3:45pm
Fitness		8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	
Masters	7:30-9am	6-7:30am 10:30am-Noon	6-7:30am	6-7:30am 10:30am-Noon	6-7:30am	6-7:30am 10:30am-Noon	

* Only 1 lap lane available.
 ** A minimum of 3 lap lanes will be available. Additional lanes will be available depending on program needs throughout the day.
 *** Diving Boards are available upon request and are subject to availability.
 ♦ FRI, APR 8, SAT, APR 16, 30: LAP Pool CLOSED at 3pm for swim meets.

Ridge Therapy Pool* • 91° - 94°							
*NOTE: Therapy Pool Use is ONLY for those with Therapeutic Needs & Scheduled Classes.							
	SUN	MON	TUE	WED	THU	FRI	SAT
Open Therapy / Water Walking	9:30am-3:45pm	8-10:30am 2:30-5:15pm 5:45-7:30pm	8-11:45am 2:30-6:15pm	8-11:45am 2:30-5:15pm 5:45-7:30pm	8-11:45am 2:30-6:15pm	8-11:45am 2:30-7:30pm	9:30-10:30am 11-3:45pm
Fitness		Noon-1pm 1:15-2:15pm Moving for Life	Noon-1pm 1:15-2:15pm 6:30-7:30pm Poolates	Noon-1pm Moving for Life	Noon-1pm 1:15-2:15pm 6:30-7:30pm Poolates	Noon-1pm 1:15-2:15pm Moving for Life	

LILLEY GULCH Recreation Center (303-409-2500)

CLOSED: SUN, APR 17

Lilley Gulch Pool • 84° - 86°							
	SUN	MON	TUE	WED	THU	FRI	SAT
Lap Swim	9-10:30am (3 lanes)	4:30-5:30pm (2 lanes)	4:30-5:30pm (2 lanes)	4:30-5:30pm (2 lanes)	4:30-5:30pm (2 lanes)	4:30-5:30pm (2 lanes)	9-10:30am (3 lanes)
Open Swim Area/ Diving Boards	10:30-11:30am						10:30-11:30am

LIFEGUARDS NEEDED

YOU can be a Lifeguard. We'll certify or re-certify you!

Currently certified? Submit an application online at: www.foothills.org/jobs

Staff benefits include:

FREE Facility Use • Great Training • Flexible Schedules • Fun Staff Events • Great Rates for Golf & Classes • Get Paid!

To be placed on the interest list for Lifeguarding Classes at Foothills, visit www.foothills.org/lifeguard-info

