

AQUATICS Pool Schedules

Schedules are subject to change.
 All areas of the pool NOT available for each activity.

RIDGE Recreation Center (303-409-2333)

**FEB 11
 - MAR 17
 2023**

Ridge Activity Pool • 86° - 89°							
	SUN	MON*	TUE	WED	THU	FRI*	SAT
Open Swim *No School Day (See Note Below)	Noon-4:30pm ¹	*FEB 20 see note 4-7:30pm ²	4-7:30pm ²	4-7:30pm ²	4-7:30pm ²	*FEB 17 see note 4-7:30pm ²	Noon-4:30pm ¹
Play Time		8-10am ³ Playscape area	8-10am ³ Playscape area	8-10am ³ Playscape area	8-10am ³ Playscape area	8-10am ³ Playscape area	
Water Walking		8-10am ⁴ Current Channel	8-10am ⁴ Current Channel	8-10am ⁴ Current Channel	8-10am ⁴ Current Channel	8-10am ⁴ Current Channel	

* No School Day: FEB 17 & 20 – Open Swim: 10am – 7:30pm
¹ Yellow Water Slide is subject to availability.
² Yellow Water Slide is NOT available MON – FRI.
³ Playscape area only: Zero depth entry – 3-ft depth (excludes Current Channel).
⁴ Against the current: 8-8:30am / 9-9:30am • With the current: 8:30-9am / 9:30-10am

Ridge Lap Pool • 81° - 83°							
	SUN	MON	TUE	WED	THU	FRI	SAT
Lap Swim* (see notes below)	9am-4:30pm	6am-4:30pm 7-8:30pm	6am-4:30pm 7-8:30pm	6am-4:30pm 7-8:30pm	6am-4:30pm 7-8:30pm	6am-8:30pm	9am-4:30pm
Open Swim Area/ Diving Boards	Noon-4:30pm	Noon-3pm**	Noon-3pm**	Noon-3pm**	Noon-3pm**	Noon- 3pm**	Noon-4:30pm
Fitness		8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	8:30-9:30am Splash Aerobics	
Masters	7:30-9am	6-7:30am 10:30am-Noon	6-7:30am	6-7:30am 10:30am-Noon	6-7:30am	6-7:30am 10:30am-Noon	

*A minimum of 2 - 4 lap lanes will be available depending upon program needs throughout the day.
 *Lap Pool opens at NOON: SUN, FEB 12, SUN, MAR 5.
 **Diving Boards are available upon request and are subject to availability.

Ridge Therapy Pool* • 91° - 94°							
*NOTE: Therapy Pool Use is ONLY for those with Therapeutic Needs & Scheduled Classes.							
	SUN	MON	TUE	WED	THU	FRI	SAT
Open Therapy / Water Walking	9am-4:30pm	8-10am 11am-Noon 2:15-5:15pm 5:45-8:30pm	8am-Noon 2:15-4:30pm 5-6:30pm 7:30-8:30pm	8am-Noon 1:15-5:15pm 5:45-8:30pm	8am-Noon 2:15-4:30pm 5-6:30pm 7:30-8:30pm	8am-Noon 2:15-8:30pm	9:30-10:30am 11am-4:30pm
Fitness		Noon-1pm 1:15-2:15pm Moving for Life	Noon-1pm 1:15-2:15pm 6:30-7:30pm Poolates	Noon-1pm Moving for Life	Noon-1pm 1:15-2:15pm 6:30-7:30pm Poolates	Noon-1pm 1:15-2:15pm Moving for Life	

LILLEY GULCH Recreation Center (303-409-2500)

Lilley Gulch Pool • 82° - 84°							
	SUN	MON	TUE	WED	THU	FRI	SAT
Lap Swim	9-11:30am	3:30-4:30pm (6 lanes) 4:30-5:30pm (2 lanes)	3:30-4:30pm (6 lanes) 4:30-7:30pm (2 lanes - min)	3:30-4:30pm (6 lanes) 4:30-5:30pm (2 lanes)	3:30-4:30pm (6 lanes) 4:30-7:30pm (2 lanes - min)	3:30-4:30pm (6 lanes) 4:30-5:30pm (2 lanes)	9-11am
Open Swim Area/ Diving Board			5:30-7:30pm*		5:30-7:30pm*		
Parent/Child Open Swim (2½ ft water ONLY)	9-11:30am ¹	3:30-5:30pm ¹	3:30-7:30pm ¹	3:30-5:30pm ¹	3:30-7:30pm ¹		9-11:30am ¹

¹ 2½ ft. section available to parents with children ages 5 and under. Parents MUST accompany child into the water.
 * Diving board is available upon request and is subject to availability.