

# AQUATICS Pool Schedules

Schedules are subject to change.

All areas of the pool NOT available for each activity.

## RIDGE Recreation Center (303-409-2333)

★ MON, SEP 4: Activity Pool opens at 10am – Pools close 4:30pm



Ridge Activity Pool • 86° - 89°							
	SUN	MON ★	TUE	WED	THU	FRI *	SAT
Open Swim *FRI, SEP 22: NO SCHOOL DAY	Noon-4:30pm	4-8:30pm <sup>2</sup>	4-8:30pm <sup>2</sup>	4-8:30pm <sup>2</sup>	4-8:30pm <sup>2</sup>	4-8:30pm <sup>1</sup> *SEP 22: 10am-8:30pm	Noon-4:30pm
Play Time		8-10am <sup>3</sup>	8-10am <sup>3</sup>	8-10am <sup>3</sup>	8-10am <sup>3</sup>	8-10am <sup>3</sup>	
Water Walking		8-10am Current Channel	8-10am Current Channel	8-10am Current Channel	8-10am Current Channel	8-10am Current Channel	

<sup>1</sup> Yellow Water Slide subject to availability.  
<sup>2</sup> Yellow Water Slide is NOT available MON – THU.  
<sup>3</sup> Playscape area only: Zero depth entry – 3 ft. depth (excludes Current Channel).

**Splash Pad is OPEN during Activity Pool Open Swim hours and CLOSES SEP 4.**

Ridge Lap Pool • 81° - 83°							
	SUN	MON ★	TUE	WED	THU	FRI	SAT
Lap Swim* (*see notes below)	9am-4:30pm	6am-5pm 7:30-8:30pm	6am-5pm 7:30-8:30pm	6am-5pm 7:30-8:30pm	6am-5pm 7:30-8:30pm	6am-5pm 7:30-8:30pm	9am-4:30pm
Open Swim Area /Diving Boards**	Noon-4:30pm	Noon-3:30pm	Noon-3:30pm	Noon-3:30pm	Noon-3:30pm	Noon-3:30pm	Noon-4:30pm
Masters	7:30-9am	6-7:30am 10:30am-Noon	6-7:30am	6-7:30am 10:30am-Noon	6-7:30am	6-7:30am 10:30am-Noon	
Fitness		8:30-9:30am (3 open lanes)	8:30-9:30am (3 open lanes)	8:30-9:30am (3 open lanes)	8:30-9:30am (3 open lanes)	8:30-9:30am (3 open lanes)	

\* A minimum of 2-4 lap lanes will be available depending upon program needs throughout the day.  
 \*\* Diving Boards are available upon request and are subject to availability.

Ridge Therapy Pool* • 91° - 94°							
*NOTE: Therapy Pool Use is ONLY for those with Therapeutic Needs & Scheduled Classes.							
	SUN	MON ★	TUE	WED	THU	FRI	SAT
Open Therapy / Water Walking	11am-4:30pm	8-10am 11am-Noon 2:15-5:15pm 5:45-8:30pm	8am-Noon 2:15-4:30pm 5-6:30pm 7:30-8:30pm	8am-Noon 1-5:15pm 5:45-8:30pm	8am-Noon 2:15-4:30pm 5-6:30pm 7:30-8:30pm	8am-Noon 2:15-8:30pm	9:30-10:30am 11am-4:30pm
Fitness		Noon-2:15pm Moving for Life	Noon-2:15pm Poolates 6:30-7:30pm Moving for Life	Noon-1pm Moving for Life	Noon-2:15pm 6:30-7:30pm Moving for Life	Noon-2:15 Moving for Life	

## LILLEY GULCH Recreation Center (303-409-2500)

SEP 4: Lilley Gulch is CLOSED for Labor Day.

Lilley Gulch Pool • 81° - 83°							
	SUN	MON ★	TUE	WED	THU	FRI	SAT
Lap Swim	9-11am	4-5pm (6 lanes)	4-5pm (6 lanes) 5-7:30pm (2 lanes)	4-5pm (6 lanes) 5-7:30pm (2 lanes)	4-5pm (6 lanes) 5-7:30pm (2 lanes)	4-5pm (6 lanes) 5-7:30pm (2 lanes)	9-11am
Parent/Child Open Swim* (2½ ft water ONLY)	9-11am	4-5pm	4-7:30pm	4-7:30pm	4-7:30pm	4-7:30pm	9-11am

\* 2½ ft. section available to parents with children ages five and under. Parents MUST accompany child into the water.

# LIFEGUARDS NEEDED

YOU can be a Lifeguard. We'll certify or re-certify you!

Currently certified? Submit an application online at: [www.foothills.org/jobs](http://www.foothills.org/jobs)

Staff benefits include:

FREE Facility Use • Great Training • Flexible Schedules • Fun Staff Events • Great Rates for Golf & Classes • Get Paid!

To be placed on the interest list for Lifeguarding Classes at Foothills, visit [www.foothills.org/lifeguard-info](http://www.foothills.org/lifeguard-info)

