ACTIVE ADULT Programs
January – May 2024
Events & Activities • Lunch-N-Learns • Clubs

For Details, to Register, and for updates, go to www.ifoothills.org/go/ OR scan QR code:
Information: 303-409-2264 or tgillan@fhprd.org

Events & Activities

Visiting Nurse Association, Medical Foot Care Clinic, MUST call 303-698-6496 to sign up.
• Tuesdays, January 2, February 6, March 5, April 2, May 7 at 8:30 a.m. – 3:30 p.m., Price: $55 or insurance

National Wear Red Day, Wear Red All Day in observance of American Heart Association Month
• Friday, February 2, Not a registration activity

Vino and Valentines, A Mardi Gras Mystery
• Friday, February 9 at 6 – 9:30 p.m., Price: $38, Non-District: $48

Learn to Play Mahjongg
• 2 day class, Tuesday, April 30 and Friday, May 3 at 1 – 4 p.m., Price: $45, Non-District: $58.50

Plant a Hanging Basket – newly added activity
• Friday, May 17 at 1 – 2:30 p.m., Price: $25, Non-District: $32.50

Lunch & Learns, Sponsored lunches and presentations – Free, must register

Kaiser Permanente presents "Let's Talk About Chocolate"
• Monday, January 29 at 12:45 – 2:15 p.m.

Book Authors Caryn and Peter Boddie present "Colorado's Lost Ski Areas History"
• Monday, February 26 at 12:45 – 2:15 p.m.

Treasure Box Tours presents "Denver's First Families" bring your own lunch
• Monday, March 25 at 12:45 – 2:15 p.m.

Renet Greer, esq. presents "Beyond the Horizon"
• Thursday, April 11 at 12:45 – 2:15 p.m.

Jeffco Sheriff's Department presents "Phishing Scams"
• Monday, April 29 at 12:45 – 2:15 p.m.

HealthONE Swedish Medical Center presents "A Trauma Survivor's Story"
• Monday, May 20 at 12:45 – 2:15 p.m.

Clubs, Meet Weekly *See Note below, Price monthly: $5, Non-District: $7

Bridge, Party Bridge Played
• Tuesdays, January 2 – May 28 at Noon – 3 p.m.

Hand, Knee & Foot
• Tuesdays, January 2 – May 28 at 1 – 4 p.m.

Helpful Hands Knitting & Crochet
• Fridays, January 5 – May 31 at 10 a.m. – Noon

Mahjongg
• Wednesdays, January 3 – May 29 at 1 – 4 p.m.

**ACTIVE ADULT Programs**  
**January – May 2024**  
**Excursions • Ride & Lunch • Ride & Dinner**

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**Excursions:** No refunds or credits given after Registration Deadline has passed.  
Registration prices include transportation and admission. If excursion is full, add your name to the waitlist.

**National Western Stock Show**  
- Thursday, January 18 at 9 a.m. – 4:30 p.m., Price: $54, Non-District: $67.50

**Denver Art Museum, Docent Lead Tour of All Stars Exhibition**  
- Wednesday, January 31 at 8:50 a.m. – 2:30 p.m., Price: $45, Non-District: $58

**Denver Center for Performing Arts, Behind the Scenes Tour**  
- Saturday, February 24 at 8:50 a.m. – 1 p.m., Price $28, Non-District: $36

**The Fort Restaurant in Morrison, Tour then Dinner on your own**  
- Friday, March 1 at 4:30 – 8:30 p.m., Price $30, Non-District: $39

**Boulder Explore, Celestial Seasonings Tea**  
- Wednesday, March 6 at 8:45 a.m. – 1:30 p.m., Price $18, Non-District: $24

**Denver Brass, Celtic Awakening**  
- Saturday, March 16 at 1:15 – 5:30 p.m., Price $54, Non-District: $67.50

**Lone Tree Arts Center, The Mousetrap by Agatha Christie**  
- Thursday, April 18 at 6:15-10 p.m., Price $55, Non-District $69

**Denver Mint Tour**  
- Tuesday, April 23 at 8:50 a.m. – 2 p.m., Price $15, Non-District: $19.50

**Coors Field Tour**  
- Friday, April 26 at 11 a.m. – 2:30 p.m., Price $26, Non-District: $34

**Denver Center for Performing Arts, Buell Theater, The Cher Show**  
- Saturday, May 4 at 12:30 – 6 p.m., Price $80, Non-District $92

**Kirkland Museum of Fine & Decorative Art, Docent Lead Tour of Vanity & Vice Exhibition**  
- Thursday, May 23 at 12:15 – 4:30 p.m., Price $38, Non-District: $49

**Ride & Lunch:** Explore area restaurants, 11 a.m. – 2:30 p.m., Price $12, Non-District: $16

Registration prices include transportation. Lunch cost is own your own.

- **Seasons 52, Lone Tree**, Monday, January 22
- **Pappadeaux Seafood Kitchen, Greenwood Village**, Wednesday, February 14
- **Cafe Jordano, Lakewood**, Thursday, March 14
- **The Cast Iron Tavern, Golden**, Wednesday, April 3
- **The Denver Biscuit Company, Centennial**, Tuesday, May 7

**Ride & Dinner:** Explore area restaurants, Price $14, Non-District: $18

Registration prices include transportation. Dinner cost is own your own.

- **Cracovia Polish-American Restaurant & Bar, Westminster**, Friday, January 12 at 5 – 9 p.m.
- **The Chart House, Evergreen**, Friday, April 19 at 5:30 – 9 p.m.