

ACTIVE ADULT Programs

January – May 2024

Events & Activities • Lunch-N-Learns • Clubs

For Details, to Register, and for updates, go to www.foothills.org/go/ OR scan QR code:
Information: 303-409-2264 or tgillan@fhprd.org



Events & Activities

Visiting Nurse Association, Medical Foot Care Clinic, *MUST call 303-698-6496 to sign up.*

- Tuesdays, January 2, February 6, March 5, April 2, May 7 at 8:30 a.m. – 3:30 p.m., Price: \$55 or insurance

National Wear Red Day, Wear Red All Day in observance of American Heart Association Month

- Friday, February 2, Not a registration activity

Vino and Valentines, A Mardi Gras Mystery

- Friday, February 9 at 6 – 9:30 p.m., Price: \$38, Non-District: \$48

Learn to Play Mahjongg

- 2 day class, Tuesday, April 30 and Friday, May 3 at 1 – 4 p.m., Price: \$45, Non-District: \$58.50

Plant a Hanging Basket – newly added activity

- Friday, May 17 at 1 – 2:30 p.m., Price: \$25, Non-District: \$32.50

Lunch & Learns, Sponsored lunches and presentations – Free, must register

Kaiser Permanente presents "Let's Talk About Chocolate"

- Monday, January 29 at 12:45 – 2:15 p.m.

Book Authors Caryn and Peter Boddie present "Colorado's Lost Ski Areas History"

- Monday, February 26 at 12:45 – 2:15 p.m.

Treasure Box Tours presents "Denver's First Families" bring your own lunch

- Monday, March 25 at 12:45 – 2:15 p.m.

Renet Greer, esq. presents "Beyond the Horizon"

- Thursday, April 11 at 12:45 – 2:15 p.m.

Jeffco Sheriff's Department presents "Phishing Scams"

- Monday, April 29 at 12:45 – 2:15 p.m.

HealthONE Swedish Medical Center presents "A Trauma Survivor's Story"

- Monday, May 20 at 12:45 – 2:15 p.m.

Clubs, Meet Weekly *See Note below, Price monthly: \$5, Non-District: \$7

Bridge, Party Bridge Played

- Tuesdays, January 2 – May 28 at Noon – 3 p.m.

Hand, Knee & Foot

- Tuesdays, January 2 – May 28 at 1 – 4 p.m.

Helpful Hands Knitting & Crochet

- Fridays, January 5 – May 31 at 10 a.m. – Noon

Mahjongg

- Wednesdays, January 3 – May 29 at 1 – 4 p.m.

ACTIVE ADULT Programs

January – May 2024

Excursions • Ride & Lunch • Ride & Dinner



For Details, to Register, and for updates, go to www.foothills.org/go/ OR scan QR code:
Information: 303-409-2264 or tgillan@fhprd.org

Excursions: No refunds or credits given after Registration Deadline has passed.

Registration prices include transportation and admission. If excursion is full, add your name to the waitlist.

National Western Stock Show

- Thursday, January 18 at 9 a.m. – 4:30 p.m., Price: \$54, Non-District: \$67.50

Denver Art Museum, Docent Lead Tour of All Stars Exhibition

- Wednesday, January 31 at 8:50 a.m. – 2:30 p.m., Price: \$45, Non-District: \$58

Denver Center for Performing Arts, Behind the Scenes Tour

- Saturday, February 24 at 8:50 a.m. – 1 p.m., Price \$28, Non-District: \$36

The Fort Restaurant in Morrison, Tour then Dinner on your own

- Friday, March 1 at 4:30 – 8:30 p.m., Price \$30, Non-District: \$39

Boulder Explore, Celestial Seasonings Tea

- Wednesday, March 6 at 8:45 a.m. – 1:30 p.m., Price \$18, Non-District: \$24

Denver Brass, Celtic Awakening

- Saturday, March 16 at 1:15 – 5:30 p.m., Price \$54, Non-District: \$67.50

Lone Tree Arts Center, The Mousetrap by Agatha Christie

- Thursday, April 18 at 6:15-10 p.m., Price \$55, Non-District \$69

Denver Mint Tour

- Tuesday, April 23 at 8:50 a.m. – 2 p.m., Price \$15, Non-District: \$19.50

Coors Field Tour

- Friday, April 26 at 11 a.m. – 2:30 p.m., Price \$26, Non-District: \$34

Denver Center for Performing Arts, Buell Theater, The Cher Show

- Saturday, May 4 at 12:30 – 6 p.m., Price \$80, Non-District \$92

Kirkland Museum of Fine & Decorative Art, Docent Lead Tour of Vanity & Vice Exhibition

- Thursday, May 23 at 12:15 – 4:30 p.m., Price \$38, Non-District: \$49

Ride & Lunch: Explore area restaurants, 11 a.m. – 2:30 p.m., Price \$12, Non-District: \$16

Registration prices include transportation. Lunch cost is own your own.

- **Seasons 52, Lone Tree**, Monday, January 22
- **Pappadeaux Seafood Kitchen, Greenwood Village**, Wednesday, February 14
- **Cafe Jordano, Lakewood**, Thursday, March 14
- **The Cast Iron Tavern, Golden**, Wednesday, April 3
- **The Denver Biscuit Company, Centennial**, Tuesday, May 7

Ride & Dinner: Explore area restaurants, Price \$14, Non-District: \$18

Registration prices include transportation. Dinner cost is own your own.

- **Cracovia Polish-American Restaurant & Bar, Westminster**, Friday, January 12 at 5 – 9 p.m.
- **The Chart House, Evergreen**, Friday, April 19 at 5:30 – 9 p.m.

Schedule updated on March 22, 2024. Please check www.foothills.org for updates.