

ACTIVE ADULT Programs

June – August 2024

Events and Activities • Lunch-N-Learns • Clubs

For Details, to Register, and for updates, go to www.foothills.org/go/Information: 303-409-2264 or tgillan@fhprd.org



Events and Activities

Visiting Nurse Association, Medical Foot Care Clinic, *MUST call 303-698-6496 to sign up.*

- Tuesdays, June 4, July 2, August 6 at 8:30 a.m. – 3:30 p.m., Price: \$55 or insurance

Learn to Play Mahjongg

- 2 day class, Tuesday, June 25 and Friday, June 28 at 1 – 4 p.m., Price: \$45, Non-District: \$58.50

Free Health Presentation – Neurobics Workshop

- Monday, July 15 at 1 – 2 p.m.

Learn to Play Mahjongg

- 2 day class, Tuesday, July 23 and Friday, July 26 at 1 – 4 p.m., Price: \$45, Non-District: \$58.50

Concerts in Clement Park, free and no registration required, enjoy on your own, no group planned

- Thursdays, June 6 – August 8 at 7 p.m., No concert July 4

Shakespeare in Clement Park, free and no registration required, enjoy on your own, no group planned

- Fridays and Saturdays, July 26 and 27, August 2 – 3 at 7 p.m.

Lunch and Learns, Sponsored lunches and presentations – Free, must register

Barb Lotz presents What to Know Before You Need to Know

- Monday, June 24 at 12:45 – 2:15 p.m.

Grasons presents High to Rightsize Your Life

- Monday, July 29 at 12:45 – 2:15 p.m.

Devoted Health presents Tips and Tricks for Hiking in Fall and Winter

- Monday, August 26 at 12:45 – 2:15 p.m.

Clubs, Meet Weekly, Price monthly: \$5, Non-District: \$7

Bridge, Party Bridge Played

- Tuesdays, June 4 – August 27 at Noon – 3 p.m.

Hand, Knee & Foot

- Tuesdays, June 4 – August 27 at 1 – 4 p.m.

Helpful Hands Knitting & Crochet

- Fridays, June 7 – August 30 at 10 a.m. – Noon

Mahjongg

- Wednesdays, June 5 – August 28 at 1 – 4 p.m.

Schedule updated on April 5, 2024. Please check www.foothills.org for updates.

ACTIVE ADULT Programs

June – August 2024

Excursions • Ride and Lunch



For Details, to Register, and for updates, go to www.foothills.org/go/

Information: 303-409-2264 or tgillan@fhprd.org

Excursions: No refunds or credits given after Registration Deadline has passed.

Registration prices include transportation and admission. If excursion is full, add your name to the waitlist.

Colorado Rockies versus Cincinnati Reds

- Wednesday, June 5 at 11 a.m. – 5:30 p.m., Price: \$34, Non-District: \$43

Boettcher Mansion Tour, Lunch at Teller's Taproom and Kitchen

- Monday, June 10 at 9:15 a.m. – 2:30 p.m., Price: \$20, Non-District: \$27

Hitmakers of the 60's and 70's featuring the music of Carole King and Friends

- Friday, June 14 at 5:50 – 11 p.m., Price \$48, Non-District: \$62

Hike Alderfer, Three Sisters Park in Jefferson County Open Space

- Saturday, June 15 at 7 – 11 a.m., Price \$14, Non-District: \$18

Colorado Rockies versus Los Angeles Dodgers

- Thursday, June 20 at 11 a.m. – 5:30 p.m., Price \$34, Non-District: \$43

Cosmo's Magic Theater presents Out of Our Minds, Magic for Grownups

- Saturday, June 29 at 3:30 – 11 p.m., Price \$78, Non-District: \$90

Explore Historic Gaylord Street and lunch at Wash Park Grille

- Monday, July 8 at 11 a.m. – 4:30 p.m., Price \$20, Non-District \$27

Penrose Heritage Museum and The Broadmoor Hotel

- Wednesday, July 17 at 8:30 a.m. – 5 p.m., Price \$30, Non-District: \$39

Denver Center for Performing Arts, Buell Theater, performance of Wicked

- Thursday, July 25 at 12:30 – 6 p.m., Price \$104 Non-District \$120

Bigsby's Folly Wine Tasting Experience

- Saturday, August 3 at 10:15 a.m. – 2:30 p.m., Price \$69, Non-District: \$86

Colorado State University, SPUR

- Tuesday, August 6 at 9 a.m. – 4 p.m., Price \$25, Non-District: \$31

Leadville National Mining Hall of Fame and Leadville Railroad Train Ride

- Wednesday, August 21 at 7 a.m. – 7 p.m., Price \$130, Non-District: \$143

Hike Matthews, Winters Park in Jeffercon County Open Space

- Saturday, August 24 at 7 – 11:30 a.m., Price \$14, Non-District: \$18

Ride and Lunch: Explore area restaurants, 11 a.m. – 2:30 p.m., Price \$14, Non-District: \$18

Registration prices include transportation. Lunch cost is own your own.

- **Blackbird Cafe, Kittridge**, Thursday, June 6
- **Cafe Jordano, Lakewood**, Tuesday, July 23
- **Table Mountain Inn and Cantina, Golden**, Thursday, August 8

Schedule updated on April 5, 2024. Please check www.foothills.org for updates.