

Indoor Pool Schedules

May 25 to August 11, 2024



Schedules are subject to change. All areas of the pool NOT available for each activity.

Ridge Recreation Center, phone (303)409-2333

Modified Hours Monday, May 27 and Thursday, July 4

Open 7 a.m. to 5 p.m. Pools close at 4:30 p.m.

Ridge Activity Pool, temperature kept at 86 to 88 degrees

Water Walking

- Offered Monday through Friday at 7 a.m. to 10 a.m. in the Current Channel.

Open Swim

- Offered Saturday at 11:30 a.m. to 4:30 p.m. and Sunday at 11 a.m. to 4:30 p.m.
- Offered Monday through Friday at 11 a.m. to 8:30 p.m.

Yellow Water Slide is available Monday and Wednesday at 11 a.m. to 4:30 p.m.

Yellow Water Slide is available Tuesday, Thursday and Friday at 11 a.m. to 7:30 p.m.

Ridge Lap Pool, temperature kept at 81 to 83 degrees

Lap Swim, see Notes below

- Offered Saturday and Sunday at 9 a.m. to 4:30 p.m.
- Offered Monday through Thursday at 6 a.m. to 8:30 p.m. and 7:30 p.m. to 8:45 p.m.
- Offered Friday at 6 a.m. to 8:30 p.m.

A minimum of 2 lap lanes will be available depending upon program needs during the hours noted above.

Sunday, June 23, Lap Pool closed until Noon for a swim meet.

Open Swim Area / Diving Boards Diving Boards available upon request and are subject to availability.

- Offered Saturday at 11:30 a.m. to 4:30 p.m. and Sunday at 11 a.m. to 4:30 p.m.
- Offered Monday, Wednesday and Friday at Noon to 4:30 p.m.
- Offered Tuesday and Thursday at 11:30 a.m. to 4:30 p.m.

Masters

- Offered Sunday at 7:30 a.m. to 9 a.m.
- Offered Monday through Friday at 6 a.m. to 7:30 a.m.
- Offered Monday, Wednesday, Friday at 10:30 a.m. to Noon

Fitness: Splash Aerobics

- Offered Monday through Friday at 8 a.m. to 9 a.m.

Date issued: June 26 2024

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Ridge Recreation Center, phone (303)409-2333

Modified Hours Monday, May 27 and Thursday, July 4

Open 7 a.m. to 5 p.m. Pools close at 4:30 p.m.

Ridge Therapy Pool, temperature kept at 91 to 94 degrees

Note: Therapy Pool Use is *Only* for those with Therapeutic Needs & Scheduled Classes.

Open Therapy / Water Walking

- Offered Saturday at 9:30 a.m. to 10:20 a.m. and 10:50 a.m. to 4:30 p.m.
- Offered Sunday at 9 a.m. to 4:30 p.m.
- Offered Monday at 8 a.m. to 10 a.m., 2:15 p.m. to 5 p.m., and 5:30 p.m. to 8:30 p.m.
- Offered Tuesday and Thursday at 8 a.m. to Noon, 2:15 p.m. to 6:30 p.m., and 7:30 p.m. to 8:30 p.m.
- Offered Wednesday at 8 a.m. to Noon, 1 p.m. to 5 p.m., and 5:30 p.m. to 8:30 p.m.
- Offered Friday at 8 a.m. to Noon., and 2:15 p.m. to 8:30 p.m.

Fitness: Moving for Life

- Offered Monday, Wednesday, Thursday, Friday at Noon to 1 p.m.
- Offered Monday, Thursday, Friday at 1:15 p.m. to 2:15 p.m.
- Offered Tuesday, Thursday at 6:30 p.m. to 7:30 p.m.

Fitness: Poolates

- Offered Tuesday at Noon to 1 p.m. and 1:15 p.m. to 2:15 p.m.

Lilley Gulch Recreation Center, phone (303)409-2500

Closed Monday, May 27 and Thursday, July 4

Lilley Gulch Pool, temperature kept at 81 to 83 degrees

Lap Swim

- Offered Saturday and Sunday at 9 a.m. to 3 p.m., 4 to 6 lanes available
- Offered Monday through Friday at 9:45 a.m. to 1 p.m., and 3:30 - 7 p.m., 2 lanes available

Parent/Child Open Swim, Parents must accompany child into the water (2½ feet water only)

- Offered Monday through Friday at 3:30 p.m. to 7 p.m.

Open Swim Area, Diving Boards

- Offered Saturday and Sunday at 11 a.m. to 3 p.m.

Date issued: June 26 2024