

Indoor Pool Schedules

Schedules are subject to change. All areas of the pool NOT available for each activity.

Ridge Recreation Center (303-409-2333)

No School Day, Friday, September 20, Activity Pool hours open 10 am. to 8:30 pm.

Ridge Activity Pool 86 to 89 degrees

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim	12-4:30 pm	4-8:30 pm ¹	4-8:30 pm ¹	4-8:30 pm ¹	4-8:30 pm ¹	4-8:30 pm ¹	12-4:30 pm
Play Time		8-10 am ²	8-10 am ²	8-10 am ²	8-10 am ²	8-10 am ²	
Water Walking in Current Channel		8-10 am	8-10 am	8-10 am	8-10 am	8-10 am	

¹ Yellow Water Slide is subject to availability and is NOT available MONDAY – THURSDAY.

² Playscape area only: Zero depth entry – 3 ft. depth (excludes Current Channel).

Ridge Lap Pool 81 to 83 degrees

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim³	9 am-4:30 pm	6 am-5 pm 7:15-8:30 pm	6 am-5 pm 7:15-8:30 pm	6 am-5 pm 7:15-8:30 pm	6 am-5 pm 7:15-8:30 pm	6 am-8:30 pm	9 am-4:30 pm
Open Swim Area Diving Boards⁴	12-4:30 pm	12-3:30 pm	12-3:30 pm	12-3:30 pm	12-3:30 pm	12-3:30 pm	12-4:30 pm
Masters	7:30-9 am	6-7:30 am 10:30 am-12 pm	6-7:30 am	6-7:30 am 10:30 am-12 pm	6-7:30 am	6-7:30 am 10:30 am-12 pm	
Fitness		8:30-9:30 am	8:30-9:30 am	8:30-9:30 am	8:30-9:30 am	8:30-9:30 am	

³ A minimum of 2-4 lap lanes will be available depending upon program needs throughout the day.

⁴ Diving Boards are available upon request and are subject to availability.

Ridge Therapy Pool 91 to 94 degrees

Therapy Pool use is ONLY for those with Therapeutic Needs & Scheduled Classes.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Therapy Water Walking	11 am-4:30 pm	8 am-12 pm 2:15-5:20 pm 5:50-8:30 pm	8 am-12 pm 2:15-4:40 pm 5:10-6:30 pm 7:30-8:30 pm	8 am-12 pm 1-5:20 pm 5:50-8:30 pm	8 am-12 pm 2:15-4:40 pm 5:10-6:30 pm 7:30-8:30 pm	8 am-12 pm 2:15-8:30 pm	9:30-10:20 am 10:50-4:30 pm
Fitness		12-2:15 pm	12-2:15 pm 6:30-7:30 pm	12-1 pm	12-2:15 pm 6:30-7:30 pm	12-2:15 pm	

Lilley Gulch Recreation Center (303-409-2500)

Lilley Gulch Pool 81 to 83 degrees

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim⁵	9-11 am	4-7:30 pm	4-7:30 pm	4-7:30 pm	4-7:30 pm	4-7:30 pm	9-11 am
Parent - Child Open Swim⁶	9-11 am	4-7:30 pm	4-7:30 pm	4-7:30 pm	4-7:30 pm	4-7:30 pm	9-11 am

⁵ A minimum of 2 lap lanes will be available depending upon program needs throughout the day.

⁶ 2½ ft. section available to parents with children ages five and under. Parents MUST accompany child into the water.

Lifeguards Needed

YOU can be a Lifeguard. We'll certify you!

Submit an application online at: www.foothills.org/jobs

To be placed on the interest list for Lifeguarding Classes at Foothills, visit www.foothills.org/lifeguard-info

